



RAMAIAH

Gnana Vahini

Monthly Newsletter of GEF (M) & (H)



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From the Editorial Team

The New Year has brought cheers to the campus, with our Ramaiah Memorial Hospital being ranked among the top best hospitals in the country. Several departments have been able to emerge in the top ten positions, amidst stiff competition. GV wishes the team for this achievement and wishes them higher laurels in the coming years.



The Organisation is moving towards delivering excellence with quality. Towards this, The Ramaiah Quality Assurance and Excellence Cell has been established with distinguished luminaries guiding the process. GV welcomes Dr. P. N. Razdan, Former Vice Chancellor, Dr. D. Y. Patil Vidyapeeth, Pune, to the Ramaiah Family.

Campus has been abuzz with international delegates visiting us and sharing their rich experiences. Dr. Michael D Amiridis, Chancellor of the University of, Chicago, participated in several interactive events across the campus. Our OBG department collaborated with BSOG to organize the Preventive Oncology workshop, as a part of the 62nd All India Congress of Obstetrics and Gynecology, hosted by FOGSI; similarly the Dermatology Department organized the Vitiligo Awareness Program. The tricolour flew high on the occasion of the 70th Republic Day celebrations, in the campus, with participation from the top management, as well as faculty and students, celebrating the spirit of patriotism.

We congratulate Dr. Murali Tyloth, M.D., Professor and HOD, Department of Psychiatry, who delivered the convocation address for the 2012 Batch of T.D.Medical college students, Alllepy Kerala. Awards and accolades flowed in to the campus with several of our faculty and post

graduates bagging the top prizes in competitive events. Dr. Luv Luthra, M.Ch Post Graduate, Dept. of Vascular Surgery, won the Best Paper and young Researcher Award, at the National VAICON 2019, Hyderabad. Dr.Lillian Tuely Benjamin & Dr Mallikarjuna HB, Dept. of Paediatrics, were awarded Best Scientific Paper at 8th NATIONAL CONFERENCE OF IYCNCON & HMBCON 2018, held in Belagavi. Dr. Prasanna Kumar T, Associate Professor, Department of Respiratory Medicine, has been awarded for paper presentation titled "Screening of OSA in Patients with Hypertension" in Karnataka State Pulmonologists Annual Conference -2019 (PULMOKARN 2019) held at Mangaluru. GV heartily congratulates the winners.

The College of law spearheaded the intellectual property rights movement by inaugurating the IPR cell to train and support IPR related activities on the campus. The INER organized the Continuing Nursing Education (CNE) for the faculty on "Pain Management". Sportsmen on the campus had a field day with the well-attended Intra-Ramaiah Shuttle badminton competition for the Staff & faculty. Our dear Ms. Vijaya Ramgopal, 65 years old, a faculty of the PU College, was the Runner-Up, in the Over 45 years Mixed Doubles Category. She was unanimously adjudged the Outstanding Player of the Tournament, for her indomitable spirit, reflecting that of Ramaiah.

There was also a cricket tournament on the campus. It's a pleasure to note that Mr.Varun Vinayak and Mr.Purushotham, our students - college cricket team players have been selected to represent the RGUHS team.

Our own RAMAIAH HABBA, the monthly platform for display & discovery of the campus performing arts talent, celebrated its First Anniversary, on 7th January, with great pomp.

Events on the Campus



Dr. Michael D Amiridis, Chancellor of the University of, Chicago, visited our campus between 14th to 16th January, 2019 and participated in several interactive events across the campus.



Republic Day was celebrated at MC Campus on 26th January, 2019.



The 62nd All India Congress of Obstetrics and Gynecology, hosted by FOGSI, and also the BSOG on its golden jubilee year –AICOG 2019 were conducted with all splendor from 8th to 12th of January, 2019, at Gayitri Vihar, Palace grounds, Bengaluru. The theme of the conference was "Women's Health –Nation's Wealth". In keeping with the theme, there were 12 Pre- Congress Workshops. Ttive Oncology Workshop was conducted at Advanced Learning Centre along with the Department of OBG, RMC on 08-01-2019. The one day Workshop was indeed a shower of knowledge with brilliant scientific and hands on training sessions, which covered all aspects of Preventive Gynaec Oncology. Experts from across the world and country were brought together to deliberate and discuss on various interesting topics. Key members included Dr. Vidyamani L, Dr. Parimaladevi, Dr. N Sundari, Dr. Jyothi G S, Dr. Annapurna V, Dr. Indukala and others. Department of OBG, MC, was represented by Dr. Jyothi G S [Co-ordinator], Dr. Asha Swarup, Dr. Ashwini Nayak, Dr. Nivedita Reshme and Dr. Nisha G N.

Events on the Campus



Vitiligo awareness program was held at Ramaiah Hospitals on 18th January, 2019



Problem based learning (PBL) was conducted for the 4th term MBBS students on the topic of Hypertension from 21st to 25th January, 2019. This was coordinated by the Medical Education Unit, Principal and Dean, MC.



Continuing Nursing Education(CNE) for the faculty of INER on "Pain Management" was conducted by Ms.Shweta Garadi, Asst. Lecturer on 4th January, 2019 at INER.



Mr. Ganesh Akshay Kumar, a 10th Grade Student from Ohio State University, USA attended the "Shadowing the Doctor Programme" in the Ramaiah Institute of Neurosciences from 17th December, 2018 to 3rd January 2019.



Nurses from Ramaiah Hospitals attended the Vascular Conference VAICON 2019 held at Hyderabad between 17th to 18th of January, 2019.



Ethnic Day 2019 - 1st MBBS 2018-19 Batch Ethnic Day Celebrations held on 12th January, 2019, at MC Auditorium.

A Milestone - 7 Years & 777 Workshops

It all started in the year 2011, December, in a small room, on the ground floor A small team of engineers from Stryker which also included an American –James Raistrick worked at 1 station for their R & D project on a new knee implant. After 7 years and by a queer destiny, 777 billed workshops. "Ramaiah Advanced Learning center "has grown into the biggest and busiest cadaver /surgical skills training lab –NOT JUST in INDIA but in Asia Pacific region. As a client once said, "Ramaiah has put India's name on the Map of Surgical Skills Training labs in the World "This success story would not have happened but for our Chairman, Dr.M.R. Jayaram, who has been like the huge banyan tree nurturing so many dreams & ideas. A lot of credit would go to Dr. Sundaresh who has put every nut & bolt in its place and who held the rein initially and was responsible for this growth. A lot of credit for running the place efficiently would go to Dr. Shakuntala who has put in a lot of efforts. Not to forget Dr. Ashwini for all the splendid work done. At this time, it is important to remember all the staff of RALC, small in



number but truly responsible and cohesive. There are many more like the deputed staff and faculty of the Medical College and Hospitals –from Anatomy to Orthopaedics to Neurosurgery, ENT, Gen Surgery and many others who conceptualised, planned, organised and successfully conducted workshops for various procedures year after year. They have invited faculty & experts from across the country and the world to share their knowledge with the young surgeons coming from all over India as well as countries like Iraq, Syria, Malaysia, Srilanka, Bangladesh, Mauritius etc. We also want to acknowledge all the companies like Depuy, Smith & Nephew, Medtronic and others who have utilised the lab for their R & D as well as educational workshops. They have consistently supported the center all these years by providing equipment, instruments and sponsorships for our academic programs. The future is bright with newer opportunities. One of newer offering is the Dedicated Robotic centre for training, the only centre in India. There are many more to come. It is the time to celebrate on reaching the milestone.

- Dr. Naresh Shetty, Chief – Advanced Learning center



Events on the Campus



Ms. Vijaya Ramgopal
65 years old, a faculty of the
PU College, was the Runner-
Up, in the Over 45 yrs Mixed
Doubles Category.

Ramaiah Group Two-day Badminton Tourney we had last week, on 24th and 25th January, 2019. 85 contestants playing 109 matches, in both the categories, under and above 45 years.

Awards & Accolades



Dr. Narendranath, Chief Administrator, Ramaiah Hospital spoke on the topic " Challenges and Atrocities faced by doctors". Dr. Arun Mavaji spoke on topic " Business, Administrative and Management" options to medical students and Dr. Nanda Kumar B S, Head, DRP, spoke on "Unexplored Fellowships and Rural Service" on occasion of National Youth Day organised by Unnati Foundation and Build India Movement at Bangalore Medical College on 12th January, 2019.

Paper entitled "To Assess The Effectiveness of Skilled Support In Exclusive Successful Breastfeeding of Twins" presented by Dr. Lillian Tuely Benjamin & Dr. Mallikarjuna HB, Dept. of Paediatrics was awarded **Best Scientific Paper** at 8th National Conference of IYCNCON & HMBCON 2018 held in Belagavi during August 31st to 2nd September, 2018, (under the guidance of Prof. Dr Mallikarjuna HB.).



Dr. Murali Tyloth M.D., Professor and HOD, Department of Psychiatry delivered the convocation address at the Convocation of 2012 Batch of T.D.Medical College, Alleppey, Kerala.



Dr. Prasanna Kumar T, Associate Professor, Department of Respiratory Medicine, has been awarded for paper presentation titled "Screening of OSA in Patients with Hypertension" in Karnataka State Pulmonologists Annual Conference -2019 (PULMOKARN 2019) held at Mangaluru on 19th and 20th January, 2019.



Dr. Luv Luthra, M.Ch Post Graduate, Dept. of Vascular Surgery has won the Best Paper and young Researcher Award at the National VAICON 2019 conference, held at Hyderabad on 17th of January 2019. He won a cash prize of Rupees One Lakh and received the Prize from Governor of Andhra Pradesh and Telangana.



Dr. Mahesh M, Assistant Professor Department of Orthopaedics, is doing Spine Clinical Fellowship for 6 months from December 2018- May 2019 at Singapore General Hospital, Singapore.



Mr. Varun Vinayak and Mr. Purushotham, our Medical College Cricket Team players have been selected to represent RGUHS team.

Times Health Survey - 2019, amongst the Best Hospital National, Regional and City, few of our departments have been shown in the top 10 among hospital in Bangalore.

Sl. No.	Specialty	Ranking
1	Oncology	6
2	Neuroscience	5
3	Cardiology	4
4	Nephrology	6
5	OBG: South Multi-speciality Bangalore Multi-speciality	6 3
6	Gastroenterology	3
7	Paediatrics: National Multi-speciality South Multi-speciality Bangalore Multi-speciality	17 5 2

RATL has been awarded a project to analyze 2000 ground water samples. This is our first and biggest Government project till date and primarily an excellent reference for future projects. GV congratulates the RATL team on this achievement

Key Member of Admin



Dr. Ambili.S- Duty Doctor - RISA has completed the Degree of Ayurvedacharya -BAMS (Bachelor of Ayurvedic Medicine and Surgery) in August 2012 from The Tamil Nadu Dr.M.G.R. Medical University, Chennai and has undergone one year internship in 2013 in the same Institute at Ayurveda College, Coimbatore and Arya Vaidya Chikitsalayam & Research Institute, Ramanathapuram and Palakkad.

Worked as Physician in a Ayurvedic Nursing Home in Calicut and Arya Vaidyasala, Kottakkal for 6 months. Worked as Assistant to Dr.Yogidas, Marma Specialist in Tripunithura, Kerala. She joined MSRICAIM as on 27.04.2015 as Duty Doctor and has put in 3 years 9 months service. In RISA she worked in Out Patient Department/documentation of cases. Presently, she is in charge of Medicine preparation unit, Co-ordinating for medicine preparation for external and internal consumption and Special Medication preparations under the guidance of Dr.Girija kumari. Her performance has been appreciated in this department as she takes the responsibilities of required medicine preparations for patients from time to time willingly. Her services were confirmed as on 1.7.2018. She is married to Mr.Venuprasad.N.

Ramaiah Habba

the monthly cultural extravaganza in the campus, held on first Monday of every month.
January 2019



ಈ ಮಾಸದ ಹೆಮ್ಮೆಯ ಉದ್ಯೋಗಿಗಳು



2004ರಲ್ಲಿ ರಾಮಯ್ಯ ಮೆಮೋರಿಯಲ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಶುಶ್ರೂಷಕಿಯಾಗಿ ವೃತ್ತಿ ಪ್ರಾರಂಭಿಸಿದ **ಅನಿತಾರ**ವರು ಪ್ರಸ್ತುತ ಶಿಫ್ಟ್ ಇನ್‌ಚಾರ್ಜ್(ನ್ಯೂರಾಲಜಿ ವಾರ್ಡ್) ಆಗಿ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಇವರು ಜಿ.ಎನ್.ಎಂ ಪದವೀಧರೆಯಾಗಿದ್ದು ಹಲವಾರು ಶೈಕ್ಷಣಿಕ ತರಬೇತಿ / ಕಾರ್ಯಾಗಾರಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದಾರೆ. ಇವರು ತಮ್ಮ ಅತ್ಯುತ್ತಮ ಸೇವೆಯಿಂದ ಎಲ್ಲರ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರರಾಗಿದ್ದು 'ಉತ್ತಮ ಶುಶ್ರೂಷಕಿ'ಯ ಪ್ರಶಸ್ತಿಯನ್ನೂ ಪಡೆದಿರುತ್ತಾರೆ. ಇವರ ಪತಿ ವಾಹನ ಚಾಲಕರಾಗಿದ್ದು ಇವರ ಮಗ ಐದನೇ ತರಗತಿಯಲ್ಲಿ ಓದುತ್ತಿದ್ದಾನೆ. ಪುಸ್ತಕ ಓದುವುದು ಇವರ ಹವ್ಯಾಸ.

2004ರಲ್ಲಿ ರಾಮಯ್ಯ ಮೆಮೋರಿಯಲ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಶುಶ್ರೂಷಕಿಯಾಗಿ ವೃತ್ತಿ ಪ್ರಾರಂಭಿಸಿದ **ಮೀನಾಕ್ಷಮ್ಮ**ನವರು ಪ್ರಸ್ತುತ ಔಷಧ ತೀವ್ರನಿಗಾ ಘಟಕ - 2ರಲ್ಲಿ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಇವರು ಜಿ.ಎನ್.ಎಂ ಪದವೀಧರೆಯಾಗಿದ್ದು ಹಲವಾರು ಶೈಕ್ಷಣಿಕ ತರಬೇತಿ / ಕಾರ್ಯಾಗಾರಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದಾರೆ. ಇವರು ತಮ್ಮ ಅತ್ಯುತ್ತಮ ಸೇವೆಯಿಂದ ಎಲ್ಲರ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರರಾಗಿದ್ದು 'ಉತ್ತಮ ಶುಶ್ರೂಷಕಿ'ಯ ಪ್ರಶಸ್ತಿಯನ್ನೂ ಪಡೆದಿರುತ್ತಾರೆ. ಇವರ ಪತಿ ಕರ್ನಾಟಕ ಸಾರಿಗೆ ಸಂಸ್ಥೆಯಲ್ಲಿ ವಾಹನ ಚಾಲಕರಾಗಿದ್ದು ಇವರಿಗೆ ಇಬ್ಬರು ಗಂಡು ಮಕ್ಕಳಿದ್ದಾರೆ. ಹಿರಿಯ ಮಗ ಎಂಟನೇ ತರಗತಿಯಲ್ಲಿ ಹಾಗೂ ಕಿರಿಯ ಮಗ ಮೂರನೇಯ ತರಗತಿಯಲ್ಲಿ ಓದುತ್ತಿದ್ದಾರೆ. ದಿನಪತ್ರಿಕೆ ಓದುವುದು ಹಾಗೂ ಸಂಗೀತ ಕೇಳುವುದು ಇವರ ಹವ್ಯಾಸ.



2004ರಲ್ಲಿ ರಾಮಯ್ಯ ಮೆಮೋರಿಯಲ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಶುಶ್ರೂಷಕಿಯಾಗಿ ವೃತ್ತಿ ಪ್ರಾರಂಭಿಸಿದ **ನಿರ್ಮಲ**ವರು ಪ್ರಸ್ತುತ ಐದನೇ ಮಹಡಿಯ ಶುಶ್ರೂಷಾ ಮೇಲ್ವಿಚಾರಕಿಯಾಗಿ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಇವರು ಜಿ.ಎನ್.ಎಂ ಪದವೀಧರೆಯಾಗಿದ್ದು ಹಲವಾರು ಶೈಕ್ಷಣಿಕ ತರಬೇತಿ / ಕಾರ್ಯಾಗಾರಗಳಲ್ಲಿ ಭಾಗವಹಿಸಿದ್ದಾರೆ. ಇವರು ತಮ್ಮ ಅತ್ಯುತ್ತಮ ಸೇವೆಯಿಂದ ಎಲ್ಲರ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರರಾಗಿದ್ದು 'ಉತ್ತಮ ಶುಶ್ರೂಷಕಿ'ಯ ಪ್ರಶಸ್ತಿಯನ್ನೂ ಪಡೆದಿರುವುದಲ್ಲದೆ ಎನ್.ಎ.ಬಿ.ಎಚ್. ತಪಾಸಣೆ ವೇಳೆಯಲ್ಲಿ ಉತ್ತಮ ಕಾರ್ಯನಿರ್ವಹಣೆಗಾಗಿ ಹಾಗೂ ಉತ್ತಮ ವಾರ್ಡ್ ನಿರ್ವಹಣೆಗಾಗಿ ಪ್ರಶಂಸಾ ಪತ್ರ, ಹಲವಾರು ರೋಗಿಗಳಿಂದ ಪ್ರಶಂಸಾ ಪತ್ರಗಳನ್ನೂ ಪಡೆದಿರುತ್ತಾರೆ. ಇವರ ಪತಿ ಹೆಚ್.ಎ.ಎಲ್ ಸಂಸ್ಥೆಯಲ್ಲಿ ಕಾರ್ಯನಿರ್ವಹಿಸುತ್ತಿದ್ದು ಇವರಿಗೆ ಇಬ್ಬರು ಮಕ್ಕಳಿದ್ದಾರೆ. ಹಿರಿಯ ಮಗ ಎಂ.ಬಿ.ಎಸ್. ಹಾಗೂ ಕಿರಿಯ ಮಗ ದ್ವಿತೀಯ ಪಿಯೂಸಿಯಲ್ಲಿ ವ್ಯಾಸಂಗ ಮಾಡುತ್ತಿದ್ದಾರೆ. ಕ್ರೀಡೆ, ಸಂಗೀತ ಕೇಳುವುದು ಹಾಗೂ ಹಾಡುವುದರಲ್ಲಿ ಇವರಿಗೆ ಆಸಕ್ತಿ.

2007ರಲ್ಲಿ ರಾಮಯ್ಯ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ವಾರ್ಡ್ ಸೆಕ್ರೆಟರಿಯಾಗಿ ಕೆಲಸ ಆರಂಭಿಸಿದ **ಮಂಜುನಾಥ್**ವರು ಪ್ರಸ್ತುತ ಕಛೇರಿ ಸಹಾಯಕರಾಗಿ ಆಡಳಿತ ವಿಭಾಗದಲ್ಲಿ ಕೆಲಸ ನಿರ್ವಹಿಸುತ್ತಿದ್ದಾರೆ. ಬಿ.ಕಾಂ ಪದವಿಧರರಾದ ಇವರು ತಮ್ಮ ಉತ್ತಮ ಸೇವೆಯಿಂದ ಎಲ್ಲರ ಮೆಚ್ಚುಗೆಗೆ ಪಾತ್ರರಾಗಿದ್ದಾರೆ. ಇವರ ಪತ್ನಿ ರಾಮಯ್ಯ ಮೆಮೋರಿಯಲ್ ಆಸ್ಪತ್ರೆಯಲ್ಲಿ ಸ್ಟಾಫ್ ನರ್ಸ್ ಆಗಿದ್ದು, ಇವರಿಗೆ ಒಬ್ಬ ಮಗಳಿದ್ದಾಳೆ.



Welcome



Dr. C. Kiran Kailas
Asst. Professor
Gen. Surgery, MC



Ms. Pinki Sutradhar
Asst. Lecturer, INER.

Adios



From L to R: Dr. Rohan R. Mahale, Assoc. Prof., Neurology, MC; Dr. Manisha J. Kumar, JR, Orthopaedics, MC; Dr. Shreyas Ramachandran, SR, Radio Diagnosis, MC; Dr. Anjaneya T., Asst. Prof., General Surgery, MC; Dr. Puneet Thalasta, SR, General Surgery, MC; Dr. Malavika Krishnaswamy, Professor, Ophthalmology, MC; Mrs. Nirmala, Library Assistant, Library & Information Centre, MC; Ms. Shweta Garadi, Asst. Lecturer, INER

Obituary



Mr. Ramesh K.C.
Medical Social Worker
Community Medicine, MC.