A glimpse into the diverse Indian healthcare system, its challenges & opportunities

Ramaiah Medical College and Hospitals
Bengaluru, Karnataka – India
Website: www.msrmc.ac.in

5th Winter School
Public Health and Healthcare Delivery Systems in India
Ramaiah Medical College invites Students and Faculty interested in healthcare delivery in India to participate in the 5th Winter School on Public Health & Healthcare Delivery Systems in India, during November & December 2019

Background

Realizing the need for healthcare professionals to understand the milieu in which they will be serving, the Department of Community Medicine at Ramaiah Medical College and Hospitals, has evolved a “Community Orientation Program”. This program has been running successfully for over a decade, is customized each year and has now been extended to International Students and Faculty.

Aims of the Program

1. Provide insights into the health problems and health needs of the urban and rural Indian population.

2. Provide an opportunity to understand the various healthcare delivery systems available for communities.

3. Facilitate learning about urban and rural social dynamics and their developmental issues.

4. Create an environment conducive for information and cultural exchange among participants.
### Key Activities

#### Urban Component
- Simulation exercises on health determinants.
- Biomedical waste management.
- Visit to a NGO.
- Understand the various healthcare delivery systems of the country.
- Assess health priorities in an urban slum.
- Session on personality development.
- A glimpse into traditional medicine.

#### Rural Component
- Assessment of community needs and health prioritization.
- Participatory rural appraisal.
- Interactions with vulnerable groups of the community - women, children, elderly, people with disability.
- Simulation exercises on health and social determinants.
- Family study.
- Observing organization of health camps.
- Planning and conducting a community based epidemiological survey.
- Health education to the school children and to the community, health awareness camps in the community.
- Participating in school health services.

### Duration

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<th>Option 1</th>
<th>Option 2</th>
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<td><strong>20 days</strong> (≈ 285 hours)</td>
<td><strong>13 days</strong> (≈ 250 hours)</td>
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<tr>
<td>Urban and rural experience</td>
<td>Rural experience</td>
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<td>From 18th November to 7th December, 2019</td>
<td>From 25th November to 7th December, 2019</td>
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**Location**

Bengaluru (Urban) and Kaiwara (Rural area, 75 kms from Bengaluru), Karnataka, India.

**Language**

English

**Who can participate?**

Health and Allied health professionals, Undergraduate students in the 2nd or 3rd year of their course with special interest in public health, Premedical students, Faculty and Professionals in the field of Public Health, Social Sciences, Arts and Humanities.

**Fee**

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<td>1000 USD or 888 Euros</td>
<td>700 USD or 620 Euros</td>
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**What is included in the fees?**

- Tuition fees.
- Accommodation on sharing basis.
- Breakfast, lunch & dinner (vegetarian).
- 20 or 13 days (as per the selected option) of academic content (field visits & lectures).
- Airport transit.
- Field trips and full access to winter school activities (inclusive of transport).
What is not included in the fees?

- Flights to and from the visiting country.
- Personal insurance such as travel/medical insurance or insurance related to all activities you will participate in during your stay (this is a requirement for each participant).
- Other travel costs for personal visits/excursions.
- Food and beverages not specified in the itinerary.
- Accommodation and costs for entry into India for friends and family of participants.
- Accommodation, food and costs for additional weekend excursions.
- Medical expenses if any.

Last date for registration

15th October, 2019

The program is subject to a minimum registration of 10 participants.

Participation certificate will be issued at the end of successful completion of the program.

Accommodation & food

Bengaluru: Accommodation will be provided on a sharing basis near Ramaiah Campus, which is centrally located and within easy walking distance of shops and restaurants.

Each bedroom will include workspace, table, chair, wardrobe, wash basin and bedding.

Washroom facilities are also inclusive in most bedrooms however, some rooms provide shared washroom facilities between 3 to 5 students.

Kaiwara: A room with an attached bath in a typical village set up to be shared by four participants during rural stay.

Food will be rejuvenating, nutritive & traditional vegetarian Indian diet prepared in a hygienic way to suit the western palate.
Contact

For Logistics and General Information

Dr. Cuckoo Aiyappa,
International Relations Officer

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For Course Related Details and Queries

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Academic Coordinator

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( IST 9 am - 4:30 pm )

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Website: www.msrmc.ac.in

Kindly address all correspondence to Dr. Cuckoo Aiyappa and Dr. Arjunan Isaac.

Dress code

Men: Full length trousers with shirt / T-shirt.

Women: Full length skirt / Trousers with sleeved blouse / shirt.
Culture is radically involved in the way care is delivered.

Learnt a lot about the difficulties faced by the villagers. Their lives were influenced immensely by the monsoon and how good or bad it is.

I really enjoyed meeting students in villages and found the exchange interesting.