



## A Moment of Pride for the Ramaiah Family



**T**he Ramaiah family proudly celebrates a moment of immense honour as Dr. M R Jayaram, Chairman, GEF(M) & Chancellor, RUAS, received the Karnataka Rajyotsava Award 2025, on Kannada Rajyotsava Day.

This prestigious recognition was conferred by the Government of Karnataka acknowledging Dr. M R Jayaram for his remarkable and lifelong contributions to the field of education. The award stands as a testament to his vision, dedication, and relentless pursuit of excellence in shaping generations through quality learning and value-based education. With unwavering commitment, Dr. M. R. Jayaram has upheld and advanced the founder-chairman Dr. M. S. Ramaiah's

enduring mission of "Education and Health for the Betterment of Mankind."

Under Dr. M. R. Jayaram's inspiring leadership, the Ramaiah institutions have emerged as a centre of academic excellence, innovation, and social impact. His unwavering commitment to holistic education has empowered countless students to become leaders, innovators, and changemakers, both in India and beyond. The entire Ramaiah fraternity joins together in extending heartfelt congratulations and salutations to Dr. M. R. Jayaram on this honour, which continues to inspire the university community to uphold his legacy of knowledge, service, and progress.



**RAMAIAH**

ಜ್ಞಾನವಾಹಿನಿ  
**Jnana Vahini**

Monthly Newsletter - Gokula Education Foundation (Medical)

Volume - 16 Issue - 10  
October - 2025

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## Legacy in Action: Ramaiah's Journey of Excellence and Compassion

The month of October 2025 has been one of immense pride, reflection, and renewed purpose for the Ramaiah fraternity. As we celebrate the Karnataka Rajyotsava Award conferred upon our revered Chairman, Dr. M. R. Jayaram, by the Government of Karnataka, we are reminded of the enduring legacy of excellence and service that defines the Ramaiah Group. His visionary leadership continues to uphold the ideals of "Education and Health for the Betterment of Mankind," inspiring generations of learners, teachers, and innovators across our institutions.

Our collective achievements this month reflect the spirit of academic dynamism and professional distinction that characterizes the Ramaiah ecosystem. The successful JCI accreditation celebration at Ramaiah Memorial Hospital stands as a testament to the dedication and resilience of our teams, ensuring that quality and patient safety remain at the heart of healthcare delivery. Faculty members across departments have continued to bring laurels—whether through international representation in conferences, national faculty appointments, or innovative teaching and outreach initiatives. Each effort contributes to the growing influence of Ramaiah in shaping contemporary medical education and healthcare systems.

The editorial features a poignant commentary, "Right to Emergency Medical Care in India," by Dr. Hariprasad K. V., offering a critical reflection on the legal, ethical, and systemic gaps in the nation's emergency care framework. It rightly emphasizes the need for a unified national policy ensuring access to timely medical intervention—a cause that demands both academic advocacy and administrative foresight.

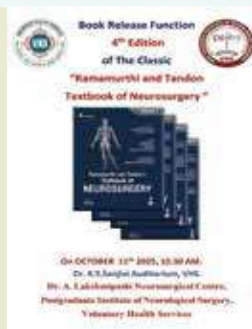
Equally inspiring is the Department of Anaesthesiology's celebration of World Anaesthesia Day 2025, marking 180 years of innovation and silent heroism in the operating theatre. Their theme, "Anaesthesiology in Healthcare Emergencies," resonates strongly in the current healthcare landscape, reminding us that vigilance, preparedness, and compassion remain cornerstones of patient safety.

The edition also highlights the Breast Cancer Awareness Month, aptly themed "Every Story is Unique, Every Journey Matters." The insights by our oncology team reaffirm Ramaiah's commitment to holistic, compassionate cancer care through early detection, multidisciplinary management, and equitable access to advanced treatments.

As we bid farewell to esteemed faculty members and welcome new colleagues, we celebrate not just individual achievements but the collective pursuit of excellence that defines our institution. The October issue captures this essence—a synthesis of recognition, reflection, and resolve to advance knowledge for societal good.



Ramaiah Memorial Hospital celebrated the JCI success programme on 3rd October 2025. Dr. M. R. Jayaram, Chairman, GEF(M) & Chancellor, RUAS, Venugopal Sastry, Chief Finance Officer, GEF(M), Dr. S C Nagendra Swamy, CE, Healthcare Services, GEF(M), Prof. Kuldeep Kumar Raina, Vice Chancellor, RUAS, Dr. Madan S Gaekwad, Chief Operating Officer, Ramaiah Memorial Hospital and others were present. During this programme all the staff members were honoured for their dedicated work in achieving the JCI accreditation.



Dr. Sunil Furtado, Prof. & HOD, Dept. of Neurosurgery, was a faculty member at the Neurosciences Clinic at NIMHANS, on 5th October, 2025. This was organised by the Bangalore Neuro Society and the Karnataka Neurosciences Academy. Dr. Sunil has also authored a chapter on "Management of carotid stenosis" in the 4th edition of this 4 volume textbook of neurosurgery first edited by Indian pioneers Dr. P Tandon and late Dr. B Ramamurthy.



Dr. Ajoy S M, Prof. Dept. of Orthopaedics, was the course co-chairman and national faculty for the 'AO Seminar' during the OTTSCON at Mangalore on the 4th & 5th, October, 2025.



Ramaiah Medical College organised UG Orientation programme 2025 MBBS Phase I 2025-26 Batch on 6th October, 2025.



The Department of Psychiatry organised a 'Mental Health Carnival' on 6th October, 2025. Games and skits were organised to increase awareness about mental health issues and to promote mental well-being.



Dr. Thanuja GP, Assoc. Prof. Dept. of Ophthalmology attended the NABH ECO assessors' course in New Delhi from 8th to 10th October, 2025.



The department of emergency medicine in association with the Society of Emergency Medicine India, co-organised the first ever hybrid course in India of the WHO's Basic Emergency Care on 7th & 8th October, 2025.



Dr. Jyothi G S, Prof. & HOD Dept. of OBG gave a talk on the topic 'HPV in Middle Aged Women: Prevention, Challenges and Strategies'. This was organized by the Davangere OBG Gyne Society on 11th October, 2025.

Dr. Seham Syeda, Dept. of Anaesthesiology, Division of Neuroanesthesia, was an invited speaker at the World Critical Care and Anaesthesiology Conference in Singapore. She was also awarded 1st prize for the E-poster presentation titled 'Trans-Cranial Doppler in Prognostication of Traumatic Brain Injury'. This project was conducted in collaboration with Dr. Rakshith Srinivasa, Consultant Neurosurgeon and Dr. Prachi Bajaj.



Dr. Aruna C Ramesh, Prof. & HOD Dept. of Emergency Medicine, was felicitated by the President Karnataka ISA on the World Anesthesia Day celebration. She delivered a talk on 'Anaesthesiology in Health Emergencies' organised by department of Anaesthesia, NMHANS and ISA Karnataka branch on 18th October 2025.

She was also invited to a session on Case Based Approach panel discussion conducted by the Karnataka Stroke Foundation, Bengaluru on 18th October, 2025, as a part of World Stroke Day in a scientific program for Emergency Physicians and Critical Care Specialists.

She was also felicitated for her contributions to emergency care by the SFK members.

## Right to Emergency Medical Care in India: A Critical Analysis



In the last few decades, the lack of systematic emergency care for victims of road traffic accidents has led to several landmark legal judgments in India, with the most notable being *Paramanand Kataria v. Union of India*. While significant investments - including state and national programs, ICMR projects, and external funding - have focused on improving trauma care, the same level of attention has not been directed towards medical emergencies unrelated to trauma. Despite central proposals for nationwide trauma centres, India still lacks comprehensive national statistics and infrastructure for medical emergencies.

Right to emergency care is not explicitly stated anywhere but the Supreme Court has interpreted Article 21 (Right to Life) of the Indian Constitution in harmony with international law, citing universal declarations and covenants that uphold the right to health. While the Right to Health is not an explicit fundamental right under the Indian Constitution, the Directive Principles of State Policy (Part IV) impose a clear duty on the states to promote public health. Several Supreme Court judgments have expanded and clarified the right to emergency medical care as integral to the right to life under Article 21:

- *Paramanand Kataria v. Union of India*: Landmark judgment asserting that doctors (in all hospitals, public or private) have an absolute professional obligation to extend emergency medical aid immediately, regardless of legal formalities. The preservation of life is paramount.
- *Paschim Bangal Khet Mazdoor Samity v. State of West Bengal*: Held that failure to provide timely emergency medical assistance constitutes a violation of Article 21, emphasizing that financial constraints cannot excuse inadequate medical services.

The Code of Medical Ethics insists clinicians respond to emergencies with skill and uninterrupted care, even if the patient cannot pay the fee. In this world there are no free lunches!. Who pays for the cost incurred by the hospitals is a pertinent question. We cannot ignore the fact that providing emergency medical care costs money as it rightly should. Asking health care providers to provide free emergency care without appropriate state subsidies is a silly proposition.

EMTALA which stands for Emergency Medical Treatment and Labor Act is a U.S. federal law enacted in 1986 that requires hospitals to provide emergency medical screening and stabilizing treatment to all patients, regardless of insurance status or ability to pay. It prohibits hospitals from refusing care or transferring patients inappropriately, ensuring access to emergency medical services for everyone.

Having said that, it would be wrong to take the EMTALA which is better suited for USA and extrapolating it to our country. The Law Commission's Model Law on Medical Treatment After Accidents and During Emergency Medical Condition and Women in Labour, Bill was proposed in their 201st report and had its similarities with EMTALA. It however did not see any progress and proposal as a bill. Our country is unique and

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therefore challenges and barriers to emergency care delivery are also unique. So, a deeper sense of understanding of the same is required and it calls for a collaborative effort between emergency experts, legal scholars and law makers.

The right to emergency care—though not explicitly defined—is fundamental and universal. Existing judicial precedents support this right, but there is an urgent need for a comprehensive and explicit legislative framework ensuring basic emergency care for every citizen. We see such an intricate structured laws for issues like contracts and trade but why not for such a pressing issue which affects

every human being at some point in time. We collectively as a society must take responsibility and I must reiterate that emergency care is not just the states or medical community's responsibility but all our own.



Dr. Hariprasad KV

Associate Professor  
Dept. of Emergency Medicine



Dr. Sanjana, Endocrinology 3rd year resident, won 1st prize in poster presentation and Dr. Santosh, Endocrinology 2nd year resident won 3rd prize in oral presentation at the ISBMR national meeting 2025.



The Department of Anaesthesiology celebrated World Anaesthesia Day 2025 on 16th October 2025 with great enthusiasm. To commemorate this historic day, a series of exciting and intellectually stimulating events were organized for both postgraduate students and interns. This event provided a creative platform to express their ideas on themes such as "Artificial intelligence in anaesthesia practice" to "Innovation and Safety in Anaesthesia Practice".



The department of Dermatology organised a programme on World Psoriasis Day. To raise awareness among patients, a skit was organized by students and faculty members at Ramaiah Medical College and Hospital.

## World Anaesthesia Day Celebrating the Unsung Heroes behind every safe surgery



“ World anaesthesia day” a day dedicated to one of the most transformative milestones in the history of medicine – the advent of anaesthesia.

October 16 every year is observed as 'World Anaesthesia Day' to commemorate one of the most important milestones in the history of modern Medicine – the first successful public demonstration of anaesthesia at the Massachusetts General Hospital in 1846 by WTG Morton. This historic event marked the birth of modern anaesthesia and forever transformed surgery from a painful ordeal into a humane procedure.

Today anaesthesiology has evolved far beyond its original role. Anaesthesiologists are not merely the doctors who “put patients to sleep.” They are peri-operative physicians, experts in critical care, resuscitation, pain management and emergency

medicine. During COVID 19 pandemic anaesthesiologists emerged as unsung heroes of the pandemic and played a multifaceted role on the frontlines of healthcare. As airway and critical experts, they were responsible for intubating and ventilating severely ill patients. They served in ICU managing ventilators, sedation and monitoring vital functions. Beyond the technical side, anaesthesiologists also contributed to pain management, palliative care, and training of other healthcare workers in airway safety and use of protective equipment.

World Anaesthesia Day is an opportunity to recognize and celebrate Anaesthesiologists who tirelessly work behind the scenes to ensure patient safety, comfort, and care before, during, and after surgery. Anaesthesiologists are the 'silent guardians' of the operating theatre. Their expertise extends beyond administering anaesthesia – they monitor vital functions, manage complex physiological situations, and ensure a smooth surgical experience for patient from induction to recovery. Their vigilance and decision-making are crucial for a positive surgical and patient outcome.

Despite 180 years having elapsed since the first successful public demonstration, and countless innovations and breakthroughs in the field of anaesthesia, nearly 5 billion people still lack access to safe anaesthesia. In the light of this ongoing

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Dr. Janaki MG, Professor, Radiation Oncology, was a resource person at Indian College of Radiation Oncology-PG teaching programme on pediatric Oncology for postgraduate students at Vaidehi medical college on 11th and 12th October 2025.

challenge, World Anaesthesia Day serves as a powerful tool to raise awareness, educate the general public, and reinforce the achievements of specialty of anaesthesia.

World anaesthesia day is organised and promoted by the World Federation of Societies of Anaesthesiologists (WFSA), which represents anaesthesiologist from over 130 countries and retreated by Indian Society of Anaesthesiologists and is celebrated by anaesthesiologists globally. Each year, the WFSA highlights a specific theme, focusing on aspects such as patient safety, education and training, global equity in anaesthesia and sustainability in healthcare.

This year's theme is "Anaesthesiology in Healthcare Emergencies." It means that in times of crisis – natural disasters, mass casualty incidents,

pandemics or large-scale emergencies: anaesthesiology teams are among the key responders. This theme calls upon us to reflect on our readiness: our training, our protocols, our equipment, our inter-disciplinary collaboration and our resilience under pressure.

The observance of World Anaesthesia Day reminds us that anaesthesia is far more than a stage of surgery: it is a discipline rooted in safety, vigilance, compassion and innovation. And during health emergencies, the role of anaesthesiology is amplified – as lifeline, stabiliser and enabler of complex interventions. Their expertise ensures patient undergoes surgery safely and comfortably. Their calm precision, knowledge, and compassionate care make the impossible possible every single day.

Dept. of Anaesthesiology



International Infection Prevention Week (IIPW) awareness programme was organised at Ramaiah Memorial Hospital to spread awareness among the patients.



The Department of ENT conducted hands on cadaveric Endoscopic Sinus Surgery and Anterior Skull base Workshop on 30th and 31st October 2025 at Ramaiah Advanced Learning Center. 10 Hands on delegates from all over India attended the workshop and performed dissection under guidance of faculty.



Dr. Sruthi Kalyani, Senior Research Officer CNSS, presented research paper at the SDG Summit 2025, organised by Vision Karnataka Foundation in collaboration with the Association of Indian Management Schools (AIMS), at Sir M. V. Auditorium, FKCCI, Bengaluru. She presented her research titled "Neurorights and the Future of Decent Work in the Age of Automation."

## Every Story is Unique, Every Journey Matters

October is celebrated as breast cancer awareness month and this year's theme is "Every Story is Unique, Every Journey Matters". We as oncologist have come across multiple breast cancers and though the diagnosis may be the same; the experiences, emotions, and paths to healing differ for every individual and every family.

Breast cancer affects millions of women and men across the world. According to the World Health Organization (WHO), in 2022, there were over 2.3 million new cases of breast cancer globally. Despite rising incidence, survival rates have improved due to early detection and better treatment options. The 5-year survival rate exceeds 90% in few countries and is around 60% in few others. The main reasons for this difference are the lack of awareness, delayed presentation, and limited screening coverage in few developing countries.

Identifying the risk factors is the first step towards awareness. Few of the risk factors are female gender in itself, increasing age, family history (BRCA1/2), early menarche, late menopause, obesity, sedentary lifestyle, alcohol consumption, nulliparity or late first pregnancy, and hormone replacement therapy.

Breast cancer screening is promoted globally, and it consist of annual examination by clinician and mammography after the age of 40 years for all ladies. Self-breast awareness plays a crucial role in identifying the cancer at its early stages, especially in countries with limited finance and widespread social stigma around the very term cancer.

Self-breast awareness is the term given to regular examination of one's own breast after 5 days of the start of your periods for menstruating women and for post-menopausal women, any one fixed date of the month. If you notice a lump, a change in shape, discharge, or any unusual sign, please don't ignore it. Seek medical advice promptly.

Advances in treatment and care like breast conserving surgery, minimally invasive surgical techniques, lesser days (hypofractionation) for radiation therapy, intra-operative radiotherapy, targeted therapy and immunotherapy have reduced side effects and transformed outcomes, allowing many to live long, fulfilling lives after diagnosis.

At Ramaiah with the help of advanced techniques and a team of surgical oncologist, radiation oncologist, medical oncologist, palliative care specialist, and psychological and genetic counsellors; we provide a holistic personalized therapy to our patients. And by conducting screening camps at remote area, we bridge the gap between urban and rural healthcare access.

"Every breast cancer Story is Unique, Every Journey Matters". You are your story's editor, so do get yourself screened for breast cancer and get a happy ending.



**Dr. Lithika Lavanya M**

Assistant professor  
Dept. of Radiation Oncology



The Department of Endocrinology, organized a panel discussion on Osteoporosis on 29th October, 2025 as part of ongoing efforts to raise awareness and promote early diagnosis and management of bone health issues.



The Department of Anaesthesiology celebrated World Anaesthesia Day 2025 on 16th October 2025 with great enthusiasm. To commemorate this historic day, a series of exciting and intellectually stimulating events were organized for both postgraduate students and interns. This event provided a creative platform to express their ideas on themes such as “Artificial intelligence in anaesthesia practice” to “Innovation and Safety in Anaesthesia Practice”.



Dr. Shravan, Asst. Prof. Dept. of Orthopaedic conducted an orthopaedic workshop for undergraduates at DeMedCon, SDUMC Kolar. ‘Game of Bones’ is an innovative hands-on workshop designed exclusively for undergraduate medical students.

## POEM

### My Girl

I'd like you a little pretty, and a little kind,  
So that my heart can always rewind  
To those days of old —  
When your soul outshone the finest gold.

Your gaze so full of love, your voice so sweet,  
You make my heart forever skip a beat.  
Love that cares, with hands that mend,  
A home like heaven, without end.

I'd like our son to wear your smile,  
Our daughter, your grace and style.  
So that even after we are gone,  
You'll forever live on.

Always by my side, in joy or misery,  
I'll give you the world — don't you worry.  
Your loving arms, that always feed,  
Are all I'll ever need.

Mohammed Sulaik  
MBBS, Student

## WELCOME



**Dr. Sanjana N**  
Senior Resident, Radio Diagnosis

## BIDDING ADIEU



**Dr. Satyashankar P**  
Professor & HOD, Hospital Administration



**Dr. Shalini S**  
Community Medicine



**Dr. Sripriya Sridhar**  
Senior Resident, OBG



**Dr. Nandhakumar Loganathan**  
Senior Resident, General Surgery



**Dr. Khayumpasha**  
Senior Resident, General Medicine



**Dr. Yashavantha Kumar C**  
Associate Professor, Orthopaedics



Kilimanjaro landscape with the Gazelle deer posing in front of the hills

Snap By- **Dr. Pradeep**



Yellow Wagtail Bird

Snap By- Dr. Vyjayanthi