



RAMAIAH

# ಜ್ಞಾನವಾಹಿನಿ

# Jnana Vahini

Monthly Newsletter - Gokula Education Foundation (Medical)



Volume - 16

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November - 2025

## Niranthara 2025

## The Hospital Day



**N**iranthara' is an annual celebration dedicated to honouring hospital staff and engaging them in a month-long series of sports and cultural activities. Throughout the month, various competitions were organised to encourage participation, teamwork and fun.

The grand finale of this year's celebrations was on 26th November, 2025. It was filled with joy, enthusiasm, and entertainment. On this occasion, employees who completed 16 and 25 years of service were felicitated for their dedication and long-standing contribution.

The programme was graced by T. N. Seetharam, film director, as the chief guest. Dr. M. R. Jayaram, Chairman, Gokula Education Foundation (Medical) & Chancellor, RUAS, M. R. Sampangiramaiah, Trustee, GEF & Member, BoG, RUAS, Prof. K. K. Raina, Vice Chancellor, RUAS, Dr. Nagendra Swamy, CE, Health Care Services, GEF(M), Dr. Madan S.

Gaekwad, COO, RMH, Dr. Venkatesh G. S, Provost (Health and Allied Sciences), Dr. Shalini Nooyi, Principal & Dean, Ramaiah Medical College Hospital, Dr. Ramesh D, Associate Dean, Ramaiah Medical College Hospital, and others were present

In his inspiring address, T. N. Seetharam spoke about the richness of the Kannada language and the pride of being a Kannadiga. He praised the doctors and nurses as the "true heroes" of society.

Dr. M. R. Jayaram, in his speech, expressed that the staff are like family, acknowledging their unwavering support that has helped the institution reach great heights. He encouraged everyone to continue the same spirit and commitment in the years ahead.

Niranthara means 'continuous' and may the devotion of our staff mirror its meaning, remaining constant and dedicated in every step of their work.



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## Continuity in Service Excellence in Action

**T**he November 2025 issue of Jnana Vahini reflects the enduring strength of the Ramaiah institutions—rooted in people, purpose, and performance. While Niranthara – The Hospital Day remains a symbolic highlight, it is the collective achievements across academics, research, and service that truly define the institution's momentum.

Niranthara, meaning continuous, was observed as an occasion to acknowledge long-standing commitment and institutional loyalty. The felicitation of employees completing 16 and 25 years of service on 26 November 2025 served as a meaningful reminder that sustained excellence in healthcare is built on dedication, teamwork, and shared values. The presence of eminent leaders and the inspiring reflections by the Chief Guest and institutional leadership reinforced respect for caregivers and staff who form the backbone of healthcare delivery.

Beyond the celebrations, this issue captures a rich tapestry of institutional accomplishments. Faculty and clinicians have brought national and international recognition through conference leadership, invited talks, research awards, and scholarly publications. Academic departments actively contributed to capacity building through hands-on workshops, symposia aligned with global observances such as World Antimicrobial Awareness Week and World Diabetes Day, and multidisciplinary academic engagements. Noteworthy achievements in research, student accolades, public health outreach, and professional leadership positions reflect a robust culture of inquiry, learning, and societal engagement. The felicitation of Dr. M. R. Jayaram with the Rajyotsava Award 2025 further underscores the institution's legacy of service-oriented leadership and collective effort.

Together, the narratives in this issue reaffirm that continuity at Ramaiah is not limited to events or anniversaries—it is visible in everyday clinical care, academic excellence, research innovation, and community impact. This sustained commitment positions the institution to confidently move forward, guided by its people and its purpose.

## RUAS Felicitates Dr. M R Jayaram on Receiving the Rajyotsava Award



Ramaiah University of Applied Sciences (RUAS) celebrated a momentous occasion on 25th November, 2025 as Dr. M. R. Jayaram, Chairman, Gokula Education Foundation (Medical) & Chancellor, RUAS, was felicitated for receiving the prestigious Rajyotsava Award 2025 from the Government of Karnataka.

The chief guest for the programme was Shri. Shivaraj V. Patil, Justice (Retd.), The Supreme Court of India. Dr. M. R. Jayaram, Chairman, Gokula Education Foundation (Medical) & Chancellor, RUAS, Dr. M R Seetharam, Chairman, Gokula Education Foundation, M R Ramaiah, Trustee, GEF, M R Sampangiramaiah, Trustee, GEF & Member, BoG, RUAS, Prof. K. K. Raina, Vice Chancellor, RUAS, Dr. Nagendra Swamy, CE, Health Care Services, GEF(M)), and Ashok Rao, Registrar, RUAS, family members, faculty members and others graced the programme.

Shri. Shivaraj V. Patil, in his speech praised Dr. M R Jayaram's unwavering commitment to accessible, high-quality education and his role in building institutions that serve society with integrity and excellence.

Dr. M. R. Jayaram, in his address, said that the award is a matter of pride for the institution and a recognition of the collective work done by the Ramaiah Group of Institutions. He added that honours must be accepted with humility and not held onto. "My motto has always been simple, "there is work to do, work to do, and work to do," he said, emphasising that the award truly belongs to the Ramaiah institutions.

The programme was presided over by Dr. M. R. Seetharam, who expressed his happiness at Dr. M. R. Jayaram receiving the honour. In his address, he highlighted the remarkable transformation of the Ramaiah group under Dr. M R Jayaram's leadership from its early foundations in healthcare and education to its growth into a diverse ecosystem of institutions with national and international recognition.

The Rajyotsava award, one of Karnataka's highest civilian honours, stands as a testament to the Ramaiah family.





Dr. Ajoy S. M, Prof. Dept. of Orthopaedics was invited as a speaker at the combined Asian Federation of Foot and Ankle Societies' 10th Biennial Conference and the Singapore Orthopaedic Association Annual Conference in Singapore.

He was also elected as a council member of AFFAS, representing India, and is part of the team that has successfully bid for the 11th Biennial Conference to be held in Kolkata in 2027. He will serve as the Scientific Committee Chairman for the conference.



Dr. Pramod Kalgudi, Asst. Prof. Dept. of Neuroanaesthesia & Neurocritical Care was invited as a faculty for Non-Invasive Neuromonitoring Workshop by Karnataka Intensive Care Symposium (KICS) ISCCM Bengaluru Chapter on 1st November, 2025. He also presented a poster in The World Airway Management Meeting (WAMM) 2025 at the Fortezza Da Basso in Florence, Italy on 6th November, 2025.



Dr. Pragati Rao, Prof. Dept. of Respiratory Medicine, Ramaiah Medical College participated as faculty for Thoracic Endoscopy Society Conference, Mumbai on 1st November 2025.



Dr. Jyothi G S, Prof. & HoD, Dept. of OBG was a resource person at the annual state conference of Obstetrics and Gynaecology- KSOGA 2025, at Sri Siddhartha Medical College, Tumakuru on 2nd November, 2025. It was organised by the Tumkur OBGYN society along with Sri Siddhartha Medical College. She spoke on "ERAS IN OBG: Prediction Versus Protocol."

She was also a faculty at the Annual Conference of BSOG - GNANAVARSHA 2025 on 30th November, 2025. She was a Judge for the Paper Presentations. She was also a Panelist for the topic on "Cervical Cancer Screen Positive - What Next???. She was a chairperson at the Women's Health Summit- CME Organised by the Bengaluru Menopause Society along with BSOG on the forenoon of 16th November, 2025.



Dr. Chandrashekhar, Dept. of Vascular & Endovascular Surgery, presented a talk on 'Approach to Vascular Diseases' in Hanumaiah CSEP organised by Surgical Society of Bengaluru.



Dr. Amulya B C, Dr. Sruthi Atkuri, Dr. Smitha Patil and Dr. Samra Khan from the department of Respiratory Medicine won first prize with 51,000/- cash prize each for Best Original Research and paper categories in Respiratory Sleep Disorders and COPD at National conference NAPCON at Jaipur on 16th November, 2025.



The Ramaiah Medical College along with the Faculty of Life and Allied Health Sciences, Ramaiah University of Applied Sciences organised the Annual Ramaiah AMR Symposium - 2025 on 15th, November, 2025, in alignment with the World Antimicrobial Awareness Week (WAAW). The symposium brought together infectious disease clinicians, microbiologists, researchers, public health experts and students for a day of insightful sessions, flash talks, posters and an engaging AMR stewardship workshop.



Dr. Ashwini K T, Asst. Prof. Dept. of Pathology, gave a talk on Emerging Trends in Immunohistochemistry and Tumour Markers on 19th November, 2025 at the Surgical Society of Bangalore (ASICC). The session covered recent advances in IHC techniques, evolving tumour markers, and their growing role in improving diagnostic accuracy and guiding treatment decisions in surgical oncology.



Maj Arun Sreedharan (Retd.), Deputy Director, Defence Technology & Innovation, was a panellist at the strategic insight Conference organised by the Centre for Aerospace Power and Strategic Studies (CAPSS). He spoke on the "Development of Indigenous Unmanned Systems, specifically on Indigenous SWARMS, FPVs, and UCAVs".

**The dignitaries honoured the senior employees who completed 16 & 25 years of service**



**Sports & Cultural events from Niranthara celebrations**





The department of ENT conducted Hands on Cadaveric Temporal Bone workshop on 13th and 14th November, 2025 at Ramaiah Advanced Learning Center Bengaluru.



Dr. Janaki M.G, Prof. Dept. of Radiation Oncology, has worked as an author and editor of the textbook "Radiation Oncology – Principles, Precepts and Practice." This book was inaugurated during the annual conference in Kolkata on 30th, November, 2025.



The Department of Anaesthesiology participated in Annual National Conference of the Indian Society of Anaesthesiologists (ISACON 25) at Raipur, Chhattisgarh on 25th November, 2025. Dr Yashaswini, final year resident secured first place in paper presentation under KOP's Neuroanaesthesia category. Dr. Tejesh CA and Dr. Prapti Rath were invited faculty for workshop on Ultrasound Regional anaesthesia



Dr. Aruna C Ramesh, Prof. & HoD, Dept. of Emergency Medicine was invited to share her expertise through a guest lecture on 26th November, 2025, on behalf of the Indian Institute of Public Health Bengaluru. She spoke on "Patient Care Management in Emergencies and Hospital Preparedness."



The Department of Endocrinology organised World Diabetes Day programme on 24th November, 2025. The theme for the year 2025 was 'Diabetes and the Workplace. All the faculty members took part in programme.



Dr. Nivedita Reshma, Ast. Prof, Dept. of OBG participated as a faculty member in the Gnanavarsha BSOG conference in both cultural and academic event on 30th November, 2025.

## Diabetes is not the end of the road it's a reminder to choose the healthier one

**D**iabetes has emerged as one of India's most significant public health challenges. November 14 is observed as World Diabetes Day, and it is particularly significant for India, where the number of people living with diabetes is continuously increasing. The current theme for World Diabetes Day is Diabetes and Well-being. In 2025, the campaign focuses on highlighting the impact of diabetes in the workplace. The day is a reminder to raise awareness, support early testing, and encourage healthy lifestyle choices. India has approximately 101 million individuals living with diabetes, and nearly 43% of them may be undiagnosed. These numbers highlight an urgent need for improved public awareness and early detection. The number of people with diabetes in India is expected to almost double by 2050. An ageing population, urbanisation, and lifestyle risk factors drive this growth. There are different types of diabetes, including Type 1 Diabetes, which is autoimmune in nature, while Type 2 is primarily related to lifestyle and metabolic factors and has a polygenic inheritance. The number of cases is rising due to dietary and lifestyle changes and decreased physical activity. The situation has become alarming as more children are getting diagnosed with type 2 Diabetes mellitus. The other type of diabetes on the rise is gestational diabetes, which is the diabetes diagnosed during pregnancy.

Without proper management, diabetes can gradually damage multiple organs. Diabetes can lead to several serious complications when blood glucose remains high for long periods. Persistently high blood glucose can lead to problems such as heart disease, peripheral arterial disease, stroke, kidney failure(nephropathy), vision loss (retinopathy), nerve damage (neuropathy), foot ulcers that may require amputation, and increased risk of infections. It can also cause complications in pregnancy and contribute to mental-health issues like depression.

Preventing diabetes requires a combination of healthy lifestyle habits, regular monitoring, and awareness of personal risk factors. Eating a balanced diet rich in fibre, including vegetables, whole grains, lean proteins, and permitted amounts of healthy fats, along with low-glycemic-index carbohydrates, helps stabilise blood glucose levels and supports overall metabolic health. Practising portion control can help avoid overeating and maintain steady blood glucose levels.

Physical activity is equally important; at least 150 minutes of moderate exercise per week, including brisk walking, cycling, swimming, and resistance exercises, improves insulin sensitivity and helps regulate weight. Reducing screen time encourages better physical activity habits. Avoiding sugary drinks, processed snacks, and excessive fried foods further reduces risk. Getting adequate sleep and managing stress through meditation, yoga, or deep-breathing exercises also contributes to better hormonal balance and glucose control.

Regular screening and treatment for comorbidities, such as hypertension and dyslipidaemia, are essential. Early detection of prediabetes allows individuals to take timely action to prevent progression to diabetes. Quitting smoking and limiting alcohol intake are of paramount importance for metabolic control. By prioritising early detection, regular monitoring, and consistent lifestyle changes, individuals can significantly reduce the risk of diabetes and its long-term complications.

Dr. Pramila Kalra  
Professor and Consultant Endocrinologist



## ಕನ್ನಡದ ಅಸ್ತಿತ್ವ

**೧೬** ತ್ಯಂತ ಸುಂದರ ಭಾಷೆ, ಲಿಂಗಳ ರಾಣಿ, ಶತಮಾನಗಳ ಇತಿಹಾಸ ಇರುವ ಸಾಹಿತ್ಯದ ಶ್ರೀಮಂತ ಭಾಷೆ ನಮ್ಮ ಹೆಮ್ಮೆಯ ಕನ್ನಡ. ಹೀಗಿದ್ದರೂ, ರಾಜ್ಯ ರಾಜಧಾನಿಯಲ್ಲಿ, ಕನಾಂಟಕದ ಹಲವಾರು ಜಿಲ್ಲೆಗಳಲ್ಲಿ, ಗಡಿಭಾಗದಲ್ಲಿ ಕನ್ನಡವನ್ನು ಪ್ರಯೋಗಿಸುತ್ತಿರುತ್ತಾರೆ ಮಾತನಾಡಿ, ಬರೆದು, ಹೋರಾಟವಾಡಿ ಉಳಿಸಿಕೊಳ್ಳುವ ಹಂತಕ್ಕೆ ಬಂದಿರುವದು ವಿಪರ್ಯಾಸ.

ನವೆಂಬರ್ ತಿಂಗಳಿನಲ್ಲಿ ಮಾತ್ರ ಆರ್ಥಿಕ ವರ್ಷದಿಂದ ಮಾತನಾಡುವ ಬಹುತೇಕ ಜನರು, ತದನಂತರ ಕಾರಣಾಂತರದಿಂದ ಆಂಗ್ಲ ಭಾಷೆಯ ಮೋರೆ ಹೋಗುತ್ತೇವೆ. ಈ ನೆಲದ ಭಾಷೆಯನ್ನು ಕೇವಲ ಅಭಿಮಾನಕ್ಕೆ ಮಾತ್ರ ಸೀಮಿತವಾಗಿದುವದು ಎಷ್ಟು ಸರಿ. ಹಾಗಾದರೆ ಕನ್ನಡವನ್ನು ದಿನನಿತ್ಯದಲ್ಲಿ ಹೇಗೆ ಉಳಿಸಿ, ಬೆಳೆಸಬೇಕು ಎಂಬುದು ಸಾಮಾನ್ಯರಲ್ಲಿ ಹಾಗೂ ಕನ್ನಡ ಅಭಿಮಾನಿಗಳ ಮುಂದಿರುವ ದೊಡ್ಡ ಸ್ವಾಲು.

ನಮ್ಮ ರಾಜ್ಯದಲ್ಲಿ ಶಾಲಾ ಕಾಲೇಜೆಗಳಲ್ಲಿ ಹಿಡಿದು, ಬಹುತೇಕರ ಮನೆಯಲ್ಲಿ, ವ್ಯವಹಾರದಲ್ಲಿ, ಸ್ನೇಹಿತರೊಡನೆ ಸಂಭಾಷಣೆಯಲ್ಲಿ, ಪಂಚತಾರಾ ಹೋಟೆಲ್‌ ಮತ್ತು ಮನೋರಂಜನೆ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಕನ್ನಡ ಗೊತ್ತಿದ್ದರೂ ಆಂಗ್ಲ ಭಾಷೆಗೆ ಪ್ರಾಧಾನ್ಯ ಬುಧಿವಂತರು. ಆಧುನಿಕವಾಗಿ ಮುಂದುವರೆದವರು ಎಂದು ಕರೆಸಿಕೊಳ್ಳಲು ಆಂಗ್ಲ ಭಾಷೆಯ ಪರಿಣಿತಿಯೇ ಮಾನದಂಡವಾಗಿ ತೋರಿಸಿದೆ. ಇಂತಹ ಮನಸ್ಸಿತ್ವಿಯಿಂದ ಹೊರಬಂದು ಎಲ್ಲೆಲ್ಲಿ ಸಾಧ್ಯವಾಗುವದೋ ಅಲ್ಲಲ್ಲಿ ನಮ್ಮ ರಾಜ್ಯಭಾಷೆಯನ್ನು ಬಲವಂತವಿಲ್ಲದೆ ಬಳಸಬೇಕು.

ಕನ್ನಡ ಬಾರದ ಇತರೆ ರಾಜ್ಯದ ಜನರು ನಮ್ಮಲ್ಲಿ ಇರುವಾಗ, ಅವರಿಗೆ ಪ್ರೀತಿಯಿಂದ ಕನ್ನಡ ಕಲಿಸಿ, ಬಳಸಲು ಪ್ರೋತ್ಸಾಹಿಸಬೇಕು. ಅಲ್ಲಿ ಭಾಷೆಯ ವಿಚಾರತಂದು ಅವರನ್ನು ದೂರವಿಡಬಾರದು. ಇತರೆ ಭಾಷೆಯವರೊಂದಿಗೆ ಅವರ ಭಾಷೆಯಲ್ಲಿ ನಾವೇ ಕಲಿತು ಮಾತನಾಡುವದು ನಮ್ಮ ಜೀದಾಯ್ ಎನಿಸಿದರೂ, ಅದೇ ನಮ್ಮ ಭಾಷೆಗೆ ತೋರುವ ನಿರಭಿಮಾನವಾಗುತ್ತದೆ.

ವೈದ್ಯಕೀಯ ಕ್ಷೇತ್ರದಲ್ಲಿ ಬಹುತೇಕ ಆಂಗ್ಲ ಭಾಷೆ ಬಳಕೆಯಾದರೂ, ರಾಜ್ಯದ ರೋಗಿಗಳ ಜೊತೆಗೆ ಕನ್ನಡದಲ್ಲಿ ಮಾತನಾಡುವದು ಅನಿವಾಯ ಹಾಗೂ ಹೆಚ್ಚಿನ ವೈದ್ಯರು ಪಾಲಿಸುತ್ತಿದ್ದಾರೆ. ಆದರೆ, ಕನ್ನಡ ಕಲಿಯವದು ಈ ರಾಜ್ಯದಲ್ಲಿ ಓದುತ್ತಿರುವ ವೈದ್ಯ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಅವಶ್ಯಕವಾದರೂ, ಹೊರ ರಾಜ್ಯದಿಂದ ಬಂದ ಹಲವಾರು ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಇಲ್ಲಿಯೇ ಮಟ್ಟಿ ಬೆಳೆದ ಕೆಲ ವಿದ್ಯಾರ್ಥಿಗಳು, ಕನ್ನಡ ಕಲಿಯಲು, ಬಳಸಲು ಹಿಂಜರಿಯತ್ತಿದ್ದಾರೆ.

ರಾಜ್ಯ ರಾಜಧಾನಿಯಲ್ಲಿ, ದೇಶದ ಎಲ್ಲ ಭಾಗಗಳಿಂದ ಬಂದ ಜನಗಳಿರುವದರಿಂದ, ಸಾಮಾಜಿಕವಾಗಿ ಹಾಗೂ ವ್ಯವಹಾರದಲ್ಲಿ, ಆಂಗ್ಲ ಮತ್ತು ಅನ್ಯ ಭಾಷೆಗಳ ಪ್ರಭಾವ ಹೆಚ್ಚುತ್ತಿರುವ ಸಂದರ್ಭದಲ್ಲಿ, ಕನ್ನಡ ಬಳಸದೆ ಜೀವನ ಸಾಗಿಸಬಹುದು ಎಂಬ ಉಳಿಂಬಣ ಜನಸಾಮಾನ್ಯರಲ್ಲಿ ಮೂಡಿದೆ. ಇದಕ್ಕೆ ಕನ್ನಡಿಗರೂ

ಸಹಮತಿಸಿ, ಆಂಗ್ಲ ಹಾಗೂ ಅವರವರ ಭಾಷೆಯಲ್ಲಿ ವ್ಯವಹರಿಸಿ, ನಮ್ಮ ನೆಲದ ಭಾಷೆಗೆ ಪ್ರಾಮುಖ್ಯತೆ ಕೊಡಿರುವದು ವಿಷಾದದ ಸಂಗತಿ.

ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಮಾತ್ರ ಸಂಭ್ರಮದಿಂದ ಆಚರಿಸಿ, ಅಂದು ಮಾತ್ರ ಮಾತನಾಡಿದರೆ ಸಾಲದು, ಕನ್ನಡ ದಿನನಿತ್ಯದ ಭಾಷೆಯಾಗಬೇಕು.

ಮಾತ್ರಭಾಷೆ ಬೇರೆಯಾಗಿದ್ದರೂ ಡ. ರಾ. ಬೇಂದ್ರೆ, ಮಾಸಿ ವೆಂಕಟೇಶ ಅಯ್ಯಂಗಾರ್, ಡಿ.ವಿ.ಜಿ. ಗಿರೀಶ್ ಕಾನಾರ್ಕ್ ಹಿಗೆ ಹಲವಾರು ಸಾಹಿತ್ಯಗಳು ಕನ್ನಡ ಸಾಹಿತ್ಯಕ್ಕೆ ಅಪಾರ ಕೊಡುಗೆ ಕೊಟ್ಟಿದ್ದಾರೆ. ಆದರೆ ಬಹಳಷ್ಟು ಕನ್ನಡ ಮಾತ್ರಭಾಷೆಯ ಜನರೇ ಕನ್ನಡ ಮರೆತು, ಮಕ್ಕಳಿಗೆ ಕಲೆಸದಿರುವದು ದುರದೃಷ್ಟಕರ.

ಕನಾಂಟಕಲ್ಲಿ ವಾಸಿಸುತ್ತಿರುವ ಎಲ್ಲರೂ ಕನ್ನಡದ ಅಭಿಮಾನ ಬೆಳೆಸಿಕೊಂಡು, ಕಲಿತು, ಬಳಸಿದರೆ ಮಾತ್ರ ನಮ್ಮ ಕನಾಂಟಕ, ರಾಷ್ಟ್ರಕೆ ಕುವೆಂಪು ಅವರು ಹೇಳಿದಂತೆ ಸರ್ವಜನಾಗದ ಶಾಂತಿಯ ತೋಟವಾಗಿ ತೋರುವದು.

**ಡಾ. ವಿಜಯದಾಸ**

ಪ್ರಾಧಾನ್ಯಪಕರು ಮತ್ತು ಮುಖ್ಯಸ್ಥರು  
ಶರೀರಕ್ಕಿರುತ್ತಾರೆ ಶಾಸ್ತ್ರ ವಿಭಾಗ  
ರಾಮಯ್ಯ ವೈದ್ಯಕೀಯ ಮಹಾವಿದ್ಯಾಲಯ



“Ramaiah Kannada Habba” was celebrated at Ramaiah Medical College from 10th November to 18th November 2025. As part of Kannada Club, a book-review session was organised on a Kannada novel “Vamshavriksha”, written by Late S. L. Bhyrappa.

The chief guest for the programme was Dr. J. N. Jagannath, author & Journalist, He shared his valuable insights during the program.



Sayli Jadhav, won the second place in oral presentation at the annual conference of Research Society for the study of Diabetes in India at Kochi. The study was conducted under the guidance of Dr. Chitra Selvan, Prof. & HOD, Department of Endocrinology in collaboration with Dr. Tejal Lathia, Endocrinologist, Apollo Hospitals, NAVI Mumbai and Dr. Meet D Shinde.



Niriksha and Kavya Reddy Seethi won 2nd place in the 38th State level IAP undergraduate paediatric quiz at Shivamogga on 12th November, 2025. They will be representing Karnataka in the South Indian Zonal competition in Vijayapur during the South Zone Pedicon on 22nd & 23rd November, 2025.



The Department of Microbiology organized an awareness programme on World Sepsis Day on 10th November, 2025.

## JOINED



**Dr. Shilpa Anna Koshy**  
Senior Resident, Ophthalmology



**Dr. Sashrika Jaikumar**  
Scientific Content Writer,  
Division of Research & Patents



**Dr. Merin Ann Jose**  
Senior Resident, Radio Diagnosis



**Dr. Dhineshkumar T**  
Senior Resident, Radio Diagnosis



**Maithri G**  
Scientific, Content Writer, Division of Research & Patents



Dr. Ananth Bhandary, Prof. & HOD, Dept. of Ophthalmology was a faculty member and a panelist in Middle East Ophthalmology conference in Dubai.

## BIDDING ADIEU



**Dr. Naga Mrudula M**  
Assistant Professor,  
Biochemistry



**Dr. Sanjana N**  
Senior Resident,  
Radio Diagnosis



**Dr. Akash Rajaram**  
Associate Professor,  
Interventional Radiology



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