



Four Years of PRIDE: Transforming Young Lives Through Compassionate Care



were often referred between departments without a clear follow-up structure.

“Care was available, but tracking progress and ensuring continuity was difficult. Sometimes months would pass before the child returned, and both families and clinicians would lose clarity on the next steps,” the team explains.

By integrating evaluation and planning into a single coordinated effort, PRIDE Clinic ensures that families leave with a well-defined roadmap—what needs to be done, when, and how. Over time, what began with a few departments has grown into a comprehensive team of eight to nine specialties working together. This ensures that children with complex conditions, such as developmental delays or cerebral palsy, receive well-rounded, coordinated care.

What began as a thoughtful response to the challenges faced by parents of differently abled children has today grown into a meaningful journey of impact, collaboration, and care. As PRIDE Clinic completes four years, it stands as a model of how coordinated, child-centric healthcare can transform not just outcomes, but entire family experiences.

PRIDE Clinic was established to address a common concern—families often struggled to navigate multiple consultations, unclear treatment pathways, and delays in care. By bringing together specialists from paediatrics, neurology, physiotherapy, ENT, ophthalmology, and allied fields, the clinic created a structured system where children are assessed holistically and guided through a clear care pathway under one roof.

The Team's Voice

This approach has not only improved access to care but also strengthened continuity—an aspect that was previously a challenge. Before PRIDE, children



“One Pride Journey: A Transformation Story”

One powerful case involved a two-year-old child who initially presented with developmental delay and features suggestive of autism. However, something did not fully align with the typical presentation.



RAMAIAH

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Integrated Care, Academic Excellence, and Preventive Vision: Ramaiah Model for Future-Ready Healthcare

The March 2026 issue presents a compelling narrative of how integrated clinical care, academic excellence, and preventive health orientation can collectively shape a progressive healthcare ecosystem. At its core lies the story of the PRIDE Clinic, which, over four years, has evolved into a model of multidisciplinary, patient-centric care—particularly for children with developmental and neurological challenges. What distinguishes this initiative is not merely the availability of expertise, but the structured integration of specialties that ensures continuity, clarity, and compassion in care delivery.

The PRIDE model addresses a longstanding gap in healthcare systems—fragmentation of services. By bringing together paediatrics, neurology, physiotherapy, ENT, ophthalmology, and allied disciplines under a unified framework, it demonstrates how coordinated evaluation and management can significantly improve developmental outcomes. The documented case of a child with undiagnosed seizures masquerading as developmental delay underscores the critical importance of multidisciplinary assessment.

Beyond clinical services, the issue reflects a vibrant academic and research culture. The Research Incentive Programme conducted by the Office of Research & Innovation signifies institutional commitment to fostering scientific inquiry and rewarding scholarly contributions. Faculty participation in national and international platforms—from neurocritical care conferences to global summits on diabetes stigma—demonstrates active engagement in knowledge exchange and capacity building.

Public health observances such as World Hearing Day and World Kidney Day further reinforce the institution's commitment to community engagement and preventive care. These initiatives are crucial in bridging the gap between hospital-based services and population-level health promotion, a principle strongly endorsed by public health frameworks including the Alma-Ata Declaration and Sustainable Development Goals (SDG 3).

This issue also highlights two critical thematic areas—obesity and children's mental health—both of which represent emerging public health priorities. The discussion on obesity from an obstetric and gynaecological perspective underscores its multifactorial impact across the life course, influencing reproductive health, pregnancy outcomes, and long-term disease risk. Evidence from global studies (WHO, Lancet Commission on Obesity) supports the need for early intervention, lifestyle modification, and preconception counselling as effective strategies to mitigate these risks.

Similarly, the focus on children's mental health, framed through the concept of belonging—"This Is My Place"—is both timely and significant. With one in seven adolescents globally affected by mental health conditions (WHO, 2021), creating supportive environments in schools and families is essential.

In conclusion, this compilation illustrates a holistic model of healthcare—one that integrates clinical excellence, research innovation, preventive health, and compassionate care. The PRIDE Clinic stands as a microcosm of this vision, demonstrating how structured, multidisciplinary approaches can transform patient experiences and outcomes. As healthcare systems globally move towards value-based care, such models offer critical insights into building resilient, inclusive, and patient-centred institutions.

“When the child was evaluated at PRIDE Clinic, further investigations revealed that the child was experiencing continuous, undetected seizures.”

These seizures had gone unnoticed due to the absence of visible symptoms but were significantly impacting development.

“Once treatment began, within two to three months, the child started achieving milestones. It showed us how critical a team-based approach can be—looking beyond the obvious.”

A Parent's Voice

“When we first came to Bengaluru, my child was very inactive—almost like a doll, just eating and sleeping.”

With regular therapy and follow-ups at PRIDE Clinic, the transformation was gradual yet significant.

“Over the past three and a half years, he has improved a lot. With support, he started walking, his understanding has improved, and now he is active and ready to go to school.”



Reflecting on the initiative, Dr. Savita Ravindra, Professor & Head, Physiotherapy, shares: PRIDE Clinic was started based on requests from parents of differently abled children. It was difficult for them to consult multiple doctors on different days. So, we created a system where all required specialists could see the child at one time and in one place.”

“Our focus has always been to provide the right diagnosis and the right treatment in a way that is convenient for both the child and the family.”

Looking to the Future

The focus now is on strengthening and expanding services across different stages of a child's development.

“We aim to streamline services into specialized clinics—especially for early intervention and continued support beyond early childhood, including adolescence.”

There is also a strong emphasis on building a more robust support system with trained professionals such as special educators and behavioural therapists.

Over the years, PRIDE Clinic has seen growing recognition within and beyond the institution, with referrals coming from multiple specialties and even from outside regions. The team has extended its work into the community through outreach programs and collaborations with special schools.

The clinic has also initiated community engagement through outreach camps such as Aruna Chethana and Asha Ankura, further expanding its impact.



Four years on, PRIDE Clinic is not just a healthcare initiative—it is a collective effort built on empathy, expertise, and shared purpose.

With every child's progress and every family's trust, PRIDE continues to empower children to reach their full potential—together.

-Ragi Saggere

Dept. of Corporate Communications



Ramaiah University of Applied Sciences organized a Research Incentive Programme on 5th March 2026 to felicitate research faculty for their contributions. The event was conducted by the Office of Research & Innovation (ORI), RUAS.

Dr. M. R. Jayaram, Chairman, GEF (M) & Chancellor, RUAS, Dr. Indira Ramarao, Provost – Social Sciences & Allied Faculties, Prof. Kuldeep Kumar Raina, Vice Chancellor, RUAS, Dr. Nandakumar B. S, Associate Dean, Research & Innovation and others were present.



Dr. Ameya Kagali, Dept. of Sports Medicine, was part of the panel of “International Medical Classifiers for the Leaning Tower Para Fencing World Cup” in Pisa, Italy. The competition included clinical examinations of over 55 athletes from 15 countries, followed by fencing bouts conducted over four days.



The Department of ENT at Ramaiah Medical College celebrated World Hearing Day on 3rd March 2026 under the theme “From Communities to Classrooms – Hearing Care for Every Child,” highlighting the importance of hearing health awareness at the grassroots level.

Dr. Shalini C. Nooyi, Principal and Dean, RMCH, Dr. Ramesh D, Associate Dean, RMCH, Dr. Hiremath, Director of Operations, RMCH and others took part in the programme. The programme was followed by interactive sessions and a skit performance.



The Department of Neuroanaesthesia and Neurocritical Care successfully organized “Acute Neuro Care 2026,” a two-day academic programme on 6th and 7th March 2026. The programme was conducted under the aegis of the Neurocritical Care Society of India (NCSI) and the Indian Society of Neuroanaesthesiology & Critical Care (ISNACC), bringing together experts, clinicians, and trainees to discuss advances and best practices in managing acute neurological emergencies.



Dr. H.C. Srikantaiah, Prof. & HOD, department of General Surgery, RMC, RUAS, delivered a lecture on ‘Laparoscopic Umbilical Hernia Repair IPOM PLUS’.

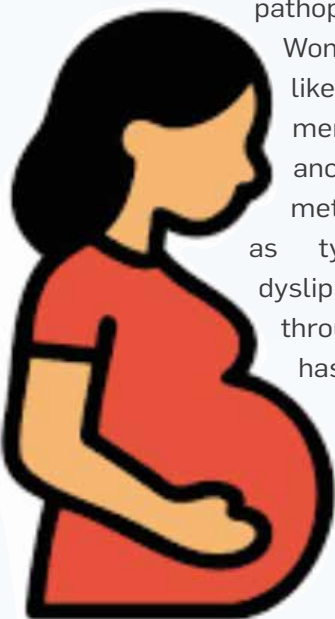
World Obesity Day – Fight Obesity, Embrace Wellness (An ObGyn Perspective)

Observed annually on March 4th, World Obesity Day highlights the growing global burden of obesity and its impact on health. In the field of Obstetrics and Gynecology, obesity has become an increasingly important concern, influencing women's health across all stages of life—from adolescence to reproductive years and beyond menopause.

Obesity is a complex, multifactorial condition characterized by excessive accumulation of body fat that adversely affects health. In recent decades, its prevalence has risen dramatically worldwide, including in India. Sedentary lifestyles, unhealthy dietary habits, increasing screen time, and reduced physical activity have all contributed to this epidemic. For women in particular, obesity not only affects general health but also significantly impacts reproductive health and pregnancy outcomes.

One of the most common gynecological conditions associated with obesity is Polycystic Ovary Syndrome (PCOS). Obesity contributes to insulin resistance, which plays a key role in the pathophysiology of PCOS.

Women with obesity are more likely to experience irregular menstrual cycles, anovulation, infertility, and metabolic complications such as type 2 diabetes and dyslipidemia. Weight reduction through lifestyle modification has been shown to improve ovulatory function, regulate menstrual cycles, and enhance fertility outcomes in women with PCOS.



Obesity also has a significant impact during pregnancy. Women who enter pregnancy with a high Body Mass Index (BMI) are at increased risk for several complications. These include Gestational Diabetes Mellitus (GDM), hypertensive disorders of pregnancy such as preeclampsia, caesarean delivery, postpartum haemorrhage, and thromboembolic events. In addition, maternal obesity can affect the foetus, increasing the risk of macrosomia [overweight], congenital anomalies, and long-term metabolic disorders in the child.

From a clinical perspective, obesity can also pose challenges in antenatal care and delivery. Ultrasound imaging may be technically more difficult, and surgical procedures such as caesarean sections can carry higher operative risks. Anaesthesia management may also be more complex in women with severe obesity. Therefore, addressing obesity before and during pregnancy is essential for improving maternal and neonatal outcomes.

Preconception counselling plays a crucial role in this regard. Women planning pregnancy should be encouraged to achieve a healthy weight through balanced nutrition and regular physical activity. Even a modest weight loss of 5–10% can significantly improve metabolic health and reproductive outcomes. Healthcare providers in obstetrics and gynaecology have an important role in educating women about the benefits of maintaining a healthy BMI before conception.

In addition to reproductive health concerns, obesity is also associated with several gynaecologic malignancies. Studies have demonstrated a strong association between obesity and endometrial cancer, due to increased oestrogen levels resulting from peripheral conversion of androgens in adipose

tissue. Obesity has also been linked to an increased risk of breast cancer, particularly in postmenopausal women. Preventive strategies that promote healthy lifestyle choices can therefore play a key role in reducing cancer risk.

Addressing obesity requires a multidisciplinary approach that includes healthcare providers, nutritionists, physiotherapists, and public health professionals. Simple lifestyle interventions—such as adopting a balanced diet rich in fruits and vegetables, engaging in regular physical activity, limiting processed foods, and ensuring adequate sleep—can make a significant difference. Community awareness programs and counselling initiatives can further help women understand the importance of maintaining a healthy lifestyle.

As obstetricians and gynaecologists, we are uniquely positioned to advocate for preventive health. Every patient encounter offers an opportunity to discuss weight management, healthy diet, and physical activity. By empowering women with knowledge and practical strategies, we can help them take proactive steps towards better health.

This World Obesity Day, let us reaffirm our commitment to promoting healthier lifestyles and supporting women in their journey toward wellness. By working together—healthcare professionals, patients, and communities—we can reduce the burden of obesity and improve the health of future generations.

Together, we can fight obesity and embrace wellness for healthier women and healthier families.



Dr. Jyothi
Prof & HoD
Dept. of OBG



A heartfelt tribute to the noble souls who chose to give the gift of knowledge through voluntary body donation. The Department of Anatomy, Ramaiah Medical College, organized ABHIVANDANA special programme to express gratitude to body donors and their families, while also spreading awareness through insightful health talks on dementia care, sepsis prevention, mental well-being, and relaxation techniques. The chief guest for the programme was Dr. Shantha Nagaraj, writer & counsellor. M R Sreenivasa Murthy, Member, BoM, GEF(M), Dr. Shalini C. Nooyi, Principal & Dean, RMC&H, and Dr. Ashwini C A, Prof. & HOD, Dept. of Anatomy, RMC graced the occasion.



Ramaiah Memorial Hospital celebrated International Women's Day 2026 on 17th March 2026. The chief guests for the programme were Dr. Angel Bennet, DIG(MeD.) – CRPF, Bengaluru and Nandini Harinath, Dy. Director- SpOA, ISTRAC/ISRO, Govt. of India. Dr. Nagendra Swamy S.C, Chief Executive, RMH & Healthcare Services, Dr. Shalini C. Nooyi, Principal & Dean, RMC&H, Dr. Madan S. Gaekwad, COO, RMH and others were present.



The Prof. Raja Reddy Oration was delivered by Dr. Malla Bhaskara Rao, Professor & HOD, Department of Neurosurgery. He shared his expertise on advancements in neurosurgery at the Telangana Neurosciences Society Conference in Khammam from 6th to 8th March 2026.

The oration honours Prof. Raja Reddy, founder of the Telangana Neurosciences Society. Dr. Rao is a renowned neurosurgeon with over 33 years of experience



Dr. Malla Bhaskara Rao, Professor & HOD, Department of Neurosurgery, received international recognition from the International League Against Epilepsy (ILAE) for his significant contributions to epilepsy surgery initiatives worldwide.

During the 2021–2025 term, he served as a member of the Epilepsy Surgery in Low Resource Settings Task Force under the ILAE Epilepsy Surgery Commission. In appreciation of his service, the ILAE Executive Committee formally acknowledged his contributions in March 2026.

He has also been invited to continue as a member of the Surgical Centre Startup Task Force for the 2025–2029 term.



Dr. Aruna C. Ramesh, Professor & HoD, Department of Emergency Medicine, was invited as the chief guest at the inaugural ceremony of a capacity-building training programme on hospital preparedness during public health emergencies for senior hospital administrators from various states. The programme was conducted as per the direction of MoHFW, GoI, on 9th March 2026.



A half-day postgraduate sensitization programme on Tuberculosis and the National Tuberculosis Elimination Programme was conducted by the Departments of Respiratory Medicine, Community Medicine, and Microbiology. The programme covered updates in TB control, diagnostics, and management, including latent TB infection.



Dr. Lalitha K, Professor, Department of Community Medicine, attended the state-level TB Consultation Workshop organized by NTI & ICMR-NIRR in collaboration with the Karnataka State TB Office on 4th March 2026 at NTI, Bengaluru.



Faculty members from the Department of Emergency Medicine — Dr. Aruna Ramesh, Professor & HoD, and Dr. Hariprasad K. V., Associate Professor — represented Ramaiah Memorial Hospital at the American Heart

Association's International Stroke Conference 2026 in New Orleans, USA.

They presented the hospital's journey as one of four pilot centres in India for comprehensive stroke centre certification, highlighting improvements in stroke care through protocol-driven approaches.



Dr. Jyothi G. S, Professor & Head, Department of OBG, participated in multiple academic and professional events. She served as a panellist for the session "CME on HPV Related Diseases – Uniting for Prevention and Action" organized by the Gynaec Oncology Department of St. John's Medical College, Bengaluru.

She was also invited as a faculty member for the Ezazi Workshop hosted by Intello Health. The workshop, titled "Advancing Safe Labor Care: Regional Workshop on Digital Solutions for Labor Monitoring," was conducted at JP Celestial Hotel, Bengaluru.

Additionally, Dr. Jyothi chaired an online session on Neuromodulation during a webinar organized by the KSOGA Urogynecology and Midlife Committee. She was also a speaker for 'Oral Paper Presentation, at the Multidisciplinary HPV Congress - EUROGIN 2026, at Austria Centre, Vienna, on 18th and 21st of March 2026. She was a Committee Member and chaired a session in the Comprehensive Fertility Conclave on 1st March 2026.



The Department of Nephrology & Urology at Ramaiah Medical College & Hospital and Ramaiah Memorial Hospital observed World Kidney Day 2026 with an awareness programme highlighting the importance of kidney health and preventive care.

The event was graced by veteran Kannada actor Sri S. Doddanna as the Chief Guest. Dr. Shalini C. Nooyi, Principal & Dean, RMCH, Dr. Nagendra Swamy S.C, Chief Executive, RMH & Healthcare Services, Dr. D. Ramesh Associate Dean, RMCH, Dr. Madan S. Gaekwad, COO, RMH, Dr. E. Mahesh, Director, Ramaiah Institute of Nephro-Uro Sciences, Dr. Gireesh M.S, Professor & Head, Department of Nephrology and others graced the programme.

World Kidney Day is observed globally on the second Thursday of March to raise awareness about kidney health and the prevention of kidney diseases.

The 2026 theme, "Kidney Health for All – Caring for People, Protecting the Planet," emphasizes sustainability and health.



Mr. Mahesh and Dr. Nandakumar won the doubles championship, and Mr. Suresh won the singles championship in RUAS inter faculty staff badminton tournament.



The SPIC MACAY Karnataka Chapter, in collaboration with Ramaiah University of Applied Sciences, organized a captivating Odissi dance recital by renowned artist Shri. Madhulita Mohapatra at the Ramaiah Medical College on 18th March 2026.

The performance beautifully showcased the grace, storytelling, and spiritual depth of Odissi, enthraling the audience and offering a glimpse into India's rich classical heritage. She was ably

accompanied by vocalist Smt. Sumita Panda, pakhawaj artist Shri Alok Rajan Das, and violinist Shri Jagabandhu Naik, whose soulful music enhanced the overall experience.

The programme reflected SPIC MACAY's mission of promoting Indian classical arts among youth, leaving students and faculty inspired by the elegance and cultural significance of this timeless dance form.





Ramaiah Medical College celebrated International Women's Day 2026 on 16th March, 2026, with the theme "Give to Gain – Rights, Justice, Action for All Women and Girls."

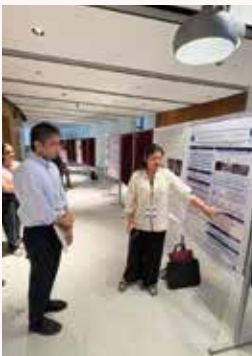
Dr. Suma Bhatt Krupashankar, director of Grow Young Fitness Team and International Model, was the chief guest for the programme. She shared her insights on women's empowerment and well-being. Dr. Nagendra Swamy S.C, Chief Executive, RMH & Healthcare Services, Dr. Shalini C. Nooyi, Principal & Dean, RMC&H, Dr. D. Ramesh Associate Dean, RMC&H and Dr. Madan S. Gaekwad, COO, RMH and others were present.



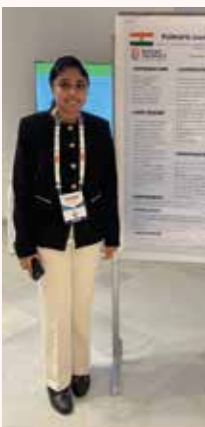
Prof. Chitra Selvan, Prof. & HoD Dept. of Endocrinology was part of the steering committee of the Global Summit to End Diabetes Stigma at Jaipur on 28- 29th March, 2026.



Department of Community Medicine organized a guest lecture titled "Foundational Role of Nutrition and Lifestyle Interventions in Women's Health" delivered by Dr. Vanita Rahman from the Physicians Committee for Responsible Medicine (PCRM), USA on 26th March 2026. The lecture focused on the critical impact of dietary practices and lifestyle modifications in improving women's health outcomes, particularly on obesity, cardiovascular diseases, PCOS, Acne, and Breast cancer, and laid special emphasis on the benefits of plant-based nutrition.



Dr. Anish Mehta, Additional Professor, Dept. of Neurology, was invited as the faculty to give talk on SCA27B at MDSICON 2026, Movement Disorder National Conference at Faridabad. He was also a judge at MDSICON 2026.



Dr. Kavya B K, Senior Resident, Dept. of Neurology, presented a poster at MDSICON 2026, Movement Disorder National Conference at Faridabad, Haryana, India.

Dr. Shivaswamy Prof. & HoD, Dept. of Dermatology was an invited faculty in the CME on "Clinical Dermatology & Therapeutics" at JIPMER on 30th March 2026.



Children’s Mental Health: “This Is My Place” — The Importance of Belonging in Psychological Development



Children’s mental health is a critical determinant of overall developmental outcomes, influencing emotional regulation, cognitive functioning, interpersonal relationships, and long-term psychosocial adjustment. The theme “This Is My Place” underscores the importance of creating environments in which children experience safety, acceptance, and belonging. A sense of belonging represents a fundamental psychological need and is closely associated with resilience, self-esteem, and adaptive coping, thereby playing a central role in mental health promotion among children and adolescents.

Mental health disorders commonly emerge during childhood and adolescence, with global estimates suggesting that one in seven individuals aged 10–19 years experiences a mental health condition, many of which begin before adulthood [1]. Anxiety disorders, depressive disorders, attention-deficit hyperactivity disorder, and disruptive behaviour disorders are among the most prevalent psychiatric conditions in this age group. These disorders are associated with substantial impairment in academic

functioning, peer relationships, and family dynamics, and may predispose individuals to chronic mental health difficulties if left untreated.

The etiology of childhood mental health disorders is multifactorial, involving biological vulnerability, genetic predisposition, neurodevelopmental factors, and psychosocial influences. Adverse childhood experiences, parental psychopathology, socioeconomic adversity, family conflict, bullying, and academic stress have been identified as significant risk factors [2]. Conversely, protective factors such as secure attachment relationships, supportive parenting practices, positive school environments, and social connectedness contribute to psychological well-being and resilience.

Recent literature within the past five years has highlighted the impact of the COVID-19 pandemic on child and adolescent mental health, with increased prevalence of anxiety, depressive symptoms, behavioural disturbances, and emotional dysregulation reported globally. Additionally, excessive screen exposure, sleep disturbances, and sedentary lifestyles have been associated with



MENTAL HEALTH

poorer mental health outcomes, emphasizing the importance of balanced digital engagement and healthy lifestyle practices.

The concept of “This Is My Place” is particularly relevant within school and family contexts. Schools represent an important setting for early identification and intervention, as well as for universal mental health promotion. Evidence suggests that school-based social-emotional learning programs improve emotional regulation, coping skills, and peer relationships. Similarly, family environments characterized by warmth, consistent parenting, and open communication serve as protective buffers against psychopathology.

Early detection and intervention are essential to improve prognosis. Psychological therapies remain first-line interventions for many childhood psychiatric conditions, with cognitive behavioural therapy demonstrating robust efficacy in anxiety and depressive disorders. Parent management training has proven effectiveness in behavioural disorders. Furthermore, recent advances in digital mental health and tele-psychiatry have improved accessibility to mental health services, particularly in underserved populations.

Promoting environments where children feel that “this is my place” requires a collaborative, multi-sectoral approach involving families, educators, healthcare professionals, and policymakers. Strategies should include fostering emotional literacy, reducing stigma, strengthening parenting skills, and integrating mental health promotion into educational systems.

In conclusion, children’s mental health is a public health priority with long-term societal implications. Ensuring that children experience belonging, safety, and emotional validation within their environments is essential for healthy developmental trajectories. The creation of supportive ecosystems that allow every child to feel that they belong is fundamental to mental health promotion and prevention of psychiatric morbidity.



Dr. Shivangi Agarwal
Senior Resident



Dr. Veena Kiran Nambiar, from the Dept. of Physiotherapy was awarded with the Women’s Achievement Award on the occasion of International Women’s Day by the Rajiv Gandhi University of Health Sciences (RGUHS).



Dr. Prasanna Kumar T, Professor & Head, Department of Respiratory Medicine, delivered a lecture on the 'Global Burden of Tuberculosis' during the CME on "Tuberculosis: Latest Updates" organized by the Karnataka Pulmonologist Association at SDS, Rajiv Gandhi Institute of

Chest Diseases, Bengaluru, on 29th March 2026. He was also invited to deliver a guest lecture on "Importance of Sleep for Good Health" at DCCC, Indian Institute of Science, Bengaluru, on 26th March 2026.



The Department of ENT conducted a hands-on Cadaveric Endoscopic Sinus Surgery and Anterior Skull Base Workshop at ALC on the 24th and 25th of March 2026. A total of 30 participants from across India attended the workshop, including 10 hands-on delegates and 20 observers. The participants performed dissections under the expert guidance of eight faculty members.



PRIDE Clinic conducted a health camp at "Ashankur," the BEL Special School, with participation from faculty and postgraduate students from the Departments of Pediatrics, Orthopedics, Neurology, Physiotherapy, and Ophthalmology. The camp focused on providing holistic assessment and care for children with special needs. It proved to be a meaningful initiative, fostering awareness, early identification, and compassionate engagement.



Postgraduates from the Department of Vascular Surgery won the Best Paper and Best Poster awards at the National Conference of VAI in Goa. Three of them also received Best Research

Paper awards. The awardees were Dr. Mohit, Dr. Sandeep, Dr. Vijeta, and Dr. Chethana.



Dr. Kirthana S H, Senior Resident, Dept. of Neurology, presented a poster at MDSICON, 2026 Movement Disorder National Conference at Faridabad, Haryana, India.



Dr. Cukku Sara Benny, Assistant Professor, Dept. of Biochemistry, was awarded the first prize for her oral paper presentation at the State AMBI-Kerala Conference, on 28th- 29th March 2026, at Government Medical College, Kozhikode.



Dr. Nivedita Reshme, Assistant Professor (OBG) was felicitated as a Speaker and moderator for a panel discussion on cervical cancer updates as part of the Women's day celebration by honourable V.C Dr. B.C. Bhagwan at Rajiv Gandhi University of Health Sciences.



As part of World Glaucoma Week, the Department of Ophthalmology organized a poster competition for undergraduate and postgraduate students on 11th March 2026. The event featured a vibrant and informative display of posters related to glaucoma and its awareness, highlighting important aspects such as early detection, risk factors, prevention, and the importance of regular eye screening. The competition provided a platform for students to creatively express and promote awareness about glaucoma, often referred to as the "silent thief of sight."

They also organised awareness programme at the Ramaiah medical college & Hospital to educate patients and the public about the importance of early detection and management.



A Memorandum of Understanding (MoU) between Dayanand Medical College & Hospital (DMCH), Ludhiana, and M.S. Ramaiah Medical College (MSRMC) was signed on 28th March, 2026, by

Dr. Shalini, Principal & Dean, RMC&H, Dr. Malla Bhaskara Rao, HOD, Neurosurgery, Dr. Gurpreet Singh Wander, Dr. Gagandeep Singh, Principal and HOD Neurology was present during the event. The MoU establishes a structured and sustainable collaboration in epilepsy surgery and comprehensive epilepsy care.

The partnership emphasizes regular multidisciplinary case conferences, enabling collective expert decision-making for complex pre-surgical evaluations, alongside bidirectional exchange of clinical knowledge, surgical expertise, and best practices. The collaboration also focuses on developing standardized protocols and quality benchmarks, sharing academic resources, and facilitating patient referrals where specialized care is required.



The MoU between Ramaiah University of Applied Sciences (RUAS), AQ MATiCS, and Ready Mediacom Pvt. Ltd. was formally signed on 30th March 2026. The collaboration, operationalized by the Centre of AI for Social Good (CAISG), RUAS, marks an important milestone in the Centre's journey, advancing its efforts in leveraging Artificial Intelligence, Data Science, and Quantum technologies within an interdisciplinary research framework to address real-world challenges.

WELCOME



Dr. Gautam Malatesh Kodliyavar
Senior Resident, General Surgery



Dr. Gavi Krishna K
Senior Resident
Orthopedics



Dr. Akshay Ravi
Senior Resident
General Medicine



Dr. Shwetha B.M.
Assistant Professor
Plastic Surgery



Dr. Sreeprada Bollineni
Senior Resident
Respiratory Medicine



Dr. Anish Chakravarty
Senior Resident
Radio Diagnosis



Dr. Bharath S
Senior Resident
Paediatrics



Dr. Manjari Rajagopalan
Assistant Professor
Respiratory Medicine



Dr. Nemana Mounika
Senior Resident
General Medicine



Pradeep Kumar S.
Executive
posted to the office
of Chairman, GEF (M).



Narasimha K
Executive
posted to the office
of Chairman GEF (M).

BIDDING ADIEU



Dr. Aravind S. Kapali
Associate Professor
Surgical Oncology



Dr. Harshith R
Assistant Professor
Pulmonary and Critical
Care Medicine



Dr. Venkatesh Prasad
Senior Resident
General Medicine



Dr. B. Prathibha Pragadeshwary
Senior Resident
Hospital Administration



Dr. Archana M
Senior Resident
Radio Diagnosis



Dr. Sujitha Kannan
Assistant Professor
Transfusion Medicine



Dr. Manisha Singh M.S
Senior Resident
Anaesthesiology



Dr. Praveen Kumara P
Senior Resident
General Medicine



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Snap by - **Dr. Pradeep**