



RAMAIAH

జ్ఞానవాహిని Jnana Vahini

Monthly Newsletter - Gokula Education Foundation (Medical)



Volume - 16

Issue - 12

December - 2025

RUAS 10th CONVOCATION

Ramaiah University of Applied Sciences celebrated its 10th Ceremonial Convocation on 22 December 2025. The event held special significance as it marked a decade of academic excellence and achievement.

A total of 2,095 degrees were conferred, including 50 PhDs, 698 postgraduate degrees, and 1,347 undergraduate degrees. In recognition of outstanding academic performance, 107 medals were awarded to meritorious students.

The Chief Guest of the programme was Prof. Navakanta Bhat, Dean, Division of Interdisciplinary Sciences, and Professor at the Centre for Nanoscience and Engineering.

Dr. M. R. Jayaram, Chairman, Gokula Education Foundation (Medical) & Chancellor, RUAS, M. R. Sampangiramaiah, Trustee & Member, Board of Governors, Prof. Kuldeep Kumar Raina, Vice-Chancellor, Dr. Sivathanu Pillai, Member, Board of Governors, S. Ashok Rao, Registrar, Dr. A. G. Prathab, Controller of Examinations, Dr. Hemanth, Joint Registrar, and Dr. Nandakumar,

Associate Dean – Research & Innovations, along with other dignitaries, were present.

Dr. M. R. Jayaram, in his speech, appreciated the hard work of the students and congratulated the PhD recipients and medal awardees.

Prof. Navakanta Bhat, in his address, said, "At the pace at which our economy is growing, the day will not be far when India emerges as one of the largest economies in the world." He urged everyone to be future-ready citizens and to continuously develop their skills.

In his welcome address, Prof. Kuldeep Kumar Raina expressed pride in stating that "the 10th Convocation marked a decade of sustainability for MSRUAS as a university in pursuit of academic excellence."

As the graduates stepped into the next phase of their journeys, the occasion stood as a proud testament to a decade of academic excellence, growth, and sustainability, along with a renewed resolve to shape a future driven by skill, integrity, and purpose.





RAMAIAH

జ్ఞానవాహిని

Jnana Vahini

Monthly Newsletter - Gokula Education Foundation (Medical)

Volume - 16 Issue - 12
December - 2025

Chief Patron

Dr. M R Jayaram

Chairman, GEF(M)
Chancellor, RUAS

Editor

Dr. B S Nandakumar

Associate Editor

Chandra

Editorial Team

Ragi Saggere
Ravi V

Ravi C U, Photographer

Design and Printing

DIGITAL ART WORKS

info@dawindia.com

Contact

+91 2218 2822/3205

+91 2360 5190, Extn. 1315/3595
gokula.jnanavahini@msruas.ac.in
gokulagnanavahini@gmail.com

www.ramaiah-india.org

A Decade Forward: Excellence, Innovation, and Purpose at Ramaiah

As the year draws to a close, this edition stands as a compelling reflection of the vibrant academic, clinical, and research ecosystem at Ramaiah University of Applied Sciences and its constituent institutions. December 2025 was not merely a month of events; it was a reaffirmation of a decade-long journey defined by purpose, resilience, and an unwavering commitment to excellence.

The 10th Ceremonial Convocation marked a historic milestone, celebrating ten years of institutional maturity and sustainability. With over two thousand graduates—including 50 new doctoral scholars—and more than a hundred medals awarded for merit, the convocation symbolised both individual achievement and collective academic strength. The reflections shared by the leadership and the Chief Guest Dr Navakanta Bhat, IISc underscored a critical message for our graduates and faculty alike: the future belongs to those who remain skilled, adaptable, and ethically grounded in a rapidly evolving global landscape.

This spirit of future-readiness was echoed across multiple initiatives during the month. The inauguration of the Level 1 Sleep Laboratory at Ramaiah Medical College exemplifies how advanced clinical infrastructure can simultaneously strengthen patient care, postgraduate training, and translational research. Complemented by a Continuing Medical Education programme, the initiative highlights the institution's emphasis on interdisciplinary learning and evidence-based practice.

Innovation and national engagement remained central themes. Hosting the grand finale of the Smart India Hackathon 2025 placed RUAS at the heart of India's student-driven innovation movement, reinforcing its role as a facilitator of problem-solving for real-world societal challenges. Similarly, the Round Table Conference on Homeland Security, organised by the Centre for National Security Studies in collaboration with international partners, reflected the university's growing engagement with strategic, technology-driven domains aligned with national priorities.

Equally noteworthy were the academic and professional accomplishments of our faculty and students. From national and international conference engagements, leadership roles in professional bodies, prestigious awards, and high-impact research publications, to global observerships and collaborative learning experiences, these achievements collectively reinforce Ramaiah's academic credibility and global footprint. Student successes, alumni reunions, and community outreach programmes further demonstrate a culture that values holistic development, service, and lifelong institutional bonding.

Together, these moments form more than a monthly chronicle. They represent a confident institution moving into its second decade—grounded in academic rigour, energised by innovation, enriched by service, and guided by integrity. As we look ahead, this collective momentum positions Ramaiah not only as a centre of learning, but as a contributor to societal progress and national development.

Inauguration of the Sleep Lab



The Department of Respiratory Medicine, Ramaiah Medical College and Hospital (RMCH), inaugurated a state-of-the-art Sleep Laboratory on 5th December, 2025, marking a significant milestone in the diagnosis and management of sleep-related disorders.

The Sleep Lab was inaugurated by Dr. M. R. Jayaram, Chairman, Gokula Education Foundation (Medical) & Chancellor, RUAS, Dr. Shalini C. Nooyi, Principal and Dean, RMCH, Dr. Ramesh D., Associate Dean, RMCH, Maj. (Dr.) Shivakumar Hiremath, Director (Operations), RMCH, along with faculty members from the Department of Respiratory Medicine.

The newly inaugurated facility is a Level 1 Polysomnography Laboratory equipped to comprehensively evaluate sleep disorders such as obstructive sleep apnea, central sleep apnea, parasomnias, hypersomnolence disorders, and other sleep-related breathing disorders. The laboratory has the capacity to perform one full

polysomnography study per day, enabling it to cater to a significant patient population and meet the growing clinical demand for sleep medicine services.

Following the inauguration, a Continuing Medical Education (CME) programme was conducted to highlight the importance of sleep health and interdisciplinary collaboration. Dr. Uma Maheshwari Krishnaswamy, MD, DM, Fellow in Sleep Disorders, was the Guest of Honour and delivered an enlightening address on the science of sleep, its disorders, and their impact on overall health and quality of life.

The establishment of the Sleep Lab opens new avenues for clinical services, postgraduate training, and high-quality research in sleep medicine. It is expected to significantly contribute to patient care, academic enrichment, and evidence-based research at Ramaiah Medical College, further strengthening its role as a tertiary care teaching hospital.



The Centre for National Security Studies (CNSS), in collaboration with the Israel Trade and Economic Mission to South India, organised an invite-only Round Table Conference on "Homeland Security: Innovation and Collaboration Opportunities" on 8th December, 2025.

The conference brought together senior stakeholders from Indian industry, the Armed

Forces, State Police, government agencies, academia, and eight leading Israeli homeland security companies. Discussions focused on drones, counter-drone systems, communication technologies, forensic products, and autonomous systems aligned with India's Atmanirbhar Bharat framework.

The grand finale of the Smart India Hackathon 2025 – Software Edition, regarded as India's largest innovation festival, was organised at Ramaiah University of Applied Sciences (RUAS). The event was conducted by the Ministry of Education's Innovation Cell (MIC) in collaboration with AICTE, with RUAS hosting the prestigious finale.

The hackathon lasted up to 36 hours and featured team interactions, mentoring sessions, and solution-development activities. This national-level competition aims to foster innovation and entrepreneurship among students by encouraging them to identify and solve pressing societal challenges and transform their ideas into implementable solutions.



Dr. Nandini G., Professor, Department of Obstetrics and Gynaecology, was invited as faculty at the Annual Conference of BSOG Gnanavarsha 2025.





Dr. Praveen Kumar S, Professor, Department of Dermatology, has taken over as the President of the Bengaluru Dermatology Society at the AGBM meet.



Dr. Chandrakiran C, Professor and Head, Department of ENT, delivered an oration at GSL Medical College and performed a cadaveric dissection on endoscopic sinus surgery and anterior skull base procedures on 13 December 2025.



The Indian Medical Association, Tamil Nadu State Branch, honoured Dr. Ananth Bhandary, Prof. & HoD, Dept. of Ophthalmology, with an Appreciation Award at the State Conference was at in Karaikudi. Dr. Ananth Bhandary was also a faculty and guest speaker at Muscat International Ophthalmology Conference, Oman.



Dr. Hariprasad K V, Assoc, Prof. Dept. of EMD was invited as a speaker at the World Resuscitation Congress at Madurai, on 4th December, 2025.



Dr. Aruna C Ramesh, Prof. & HoD, Dept. of Emergency Medicine participated in the Regional Faculty meeting (India) and Regional Faculty event organised in AHA International Heartbeats newsletter.



B. V. Aditya, a student, won first place in the Success Story Competition conducted as part of the International Students' Online Seminar Series organised by Vinayaka Missions Kripananda Variyar Medical College and Hospital, Salem.

On the occasion of World AIDS Day, observed on 1 December 2025, the Department of Dermatology organised a health awareness and education programme for high school and college students of Ramaiah High School and Ramaiah Pre-University College.

An informative talk followed by an interactive session was conducted by Dr. Chetana P. R., Assistant Professor, and Dr. Anisha P. Bindagi, Senior Resident, Department of Dermatology.



Dr. Jyothi G. S., Professor & Head, Department of Obstetrics and Gynaecology, was invited as a speaker at the PCOS Paathashala CME Series held at Davangere on 13 December 2025, organised by the Davangere OBGYN Society.

Dr. Sanjay Desai, Professor & Head, Department of Vascular Surgery, presented institutional research on stem cell therapy at the 85th Annual Surgical Conference, showcasing innovation and advancements in surgical science.



The research has also been published in a high-impact journal marking a significant academic achievement.

The Ramaiah Medical College Alumni Trust organised “Tarang” – (RMC Alumni Day) an Global Alumni Reunion 2025 on 20th December 2025 at the RMC Auditorium. A memorable highlight of the evening was the recognition of Dr. Ravikumar Manoharan (Batch of 1995) as a Distinguished Alumnus, celebrating his outstanding professional achievements and contributions.



On World Meditation Day, a symposium titled “Transformation and Excellence Through Meditation” was organised on 18 December 2025 at the RMC Auditorium. Dr. M. R. Jayaram, Chairman, Gokula Education Foundation (Medical) & Chancellor, RUAS, Dr. Shalini C Nooyi, Principal & Dean, Ramaiah Medical College & Hospital and other dignitaries were present.



Dr. Prabhudev M. Hiremath, Assistant Professor, Department of Neurology and Paediatric Neurology, attended an observership on Neurofibromatosis and Tuberous Sclerosis at Emory University, Atlanta, USA. He observed approximately 200 cases of Neurofibromatosis and Tuberous Sclerosis. His objective is to bring advanced and comprehensive care for the NF and TS community in India. He also attended a Neuro-Oncology Conference in Hawaii, representing Ramaiah at the global level.



On the auspicious occasion of Kannada Rajyotsava, the renowned Sapna Book House marked the celebration with the release of 70 books. Among them was “Magu Mattu Parisara (ಮಗು ಮತ್ತು ಪರಿಸರ)”, authored by Dr. Somashekhar A. R., Professor, Department of Paediatrics, and Mrs. Jayashree. The book was officially released by Sapna Book House on 27th December 2025.



Dr. Janaki M. G., Professor of Radiation Oncology, has once again authored a chapter in the Textbook of Paediatric Surgery published by the Indian Association of Paediatric Surgery. The first edition of the textbook was released in 2020.



The ORL Odyssey Quiz, was organised on 6th December 2025 at Ramaiah Medical College, was a vibrant academic event that brought together 340 undergraduate participants from across the country. Designed to test knowledge, clinical reasoning, teamwork, and quick thinking in Otorhinolaryngology, the quiz featured multiple engaging rounds from preliminaries to an exciting grand finale.

The event was formally inaugurated by senior leadership and conducted seamlessly with enthusiastic participation from both contestants and the audience.



Dr. Hemendra Singh, Associate Professor, Psychiatry won the Dr. Indla Reddy Award for his Best Research Paper at The Annual National Conference of Psychiatry (IAPP), Jodhpur 2025.

The Department of ENT, Ramaiah Medical College, successfully organized an engaging Guest Lecture Series by Dr. D. Vijaya Govindarajan, widely admired for his innovative teaching methods and the iconic "Tympanic Membrane Ganesha".

The interactive sessions, enriched with enthusiasm, wit, and humor, benefited MBBS undergraduates, ENT postgraduates, and faculty from ENT, Radiology, and Anatomy. The lectures were coordinated under the guidance of Dr. Harshavardhan N Reddy, Organizing Secretary & HOD, ENT.



PATHO compassion

The young girl who came with a lump
 The smear of a toddler
 Whose cells were large
 And chromatin clumped...
 The elderly who surrendered for
 The needle readily
 Why did we feel a prick?
 When the pleomorphic cells stared at us steadily!!
 Our rooms have heard
 More such stories
 Our lenses have seen them come alive
 Everyday...
 It's a "behind the screen" field
 When some say
 I smile and think,
 We have felt them all,
 Some with our hands,
 Some through our cells
 And all, through our compassionate heads...
 For, our cells talk
 As we lend our ears
 To the stories of
 Struggles and of
 Victories and cheers!!

THE CART BEING A DART

A six-year-old Emily
 Frightened was her family
 As the doc labelled her "Acute Leukaemia"
 of Lymphoblastic type
 The relapsing ALL
 That refused to remit
 At the tender age of six
 She was in a fix!
 She missed her toys
 For, she was left with no choice
 But to be friends with vials and needles
 As the docs checked her pulse to see if it was feeble.
 All chemos had given up
 As her cancer cells pumped up
 With no hope to survive
 The clinical trial was the only revive.
 CART got added to her drug cart
 Chimeric Antigen Receptor T cell being the name
 The use of which changed the game
 Cancer cells it began to tame!!
 It was a war field
 Cancer having its shield
 Cancer cells and T cells fighting cat and mouse
 While interleukins were creating storm in house..
 In the end she won,
 A new revolution had begun
 As she rescued the trial
 She spun the survival in a CART and a vial.
 Inspired by the real life story of Emily Whitehead, the
 first child successfully treated with CART- cell therapy
 for leukemia in 2012



Dr. Seema
 Assistant Professor, Pathology

WBMT Symposium on Cell Therapy: A Global Milestone at Ramaiah



The landscape of hematological care at Ramaiah Medical College reached an international pinnacle this November with the successful hosting of the WBMT Symposium on Cell Therapy. In a landmark collaboration, the Worldwide Network for Blood and Marrow Transplantation (WBMT) and Ramaiah Medical College co-hosted this scientific convention. The event united global experts to discuss the rapidly evolving paradigm of Chimeric Antigen Receptor (CAR) T-cell therapies and hematopoietic cell transplantation (HCT).

The symposium was inaugurated with a traditional lamp-lighting ceremony and the Ramaiah Anthem, attracting significant media attention. The event was graced by Chief Guest Sri K. B. Sivakumar, IAS, Commissioner of Health and Family Welfare Services, Karnataka, who emphasized the importance of accessible advanced therapies. The institutional leadership was represented in full strength, including Dr. Nagendra Swamy, CE, Health Care Services, GEF, Dr. Madan Gaikwad, COO of Ramaiah Memorial Hospital, Dr. Kuldeep Kumar Raina, Vice Chancellor of RUAS, and

Dr. Shalini C. Nooyi, Dean of Ramaiah Medical College.

The scientific sessions bridged the gap between global perspectives and local implementation, led by local organizing chair Dr. Santhosh K. Devadas. Key international faculty included WBMT President Dr. Damiano Rondelli (USA), Vice-President Dr. Mickey Koh (UK/Singapore), and the distinguished Dr. Anna Sureda (Spain), who provided invaluable insights into B-cell lymphomas. National stalwarts such as Dr. Vikram Mathews and Dr. Hasmukh Jain discussed the essential clinical frameworks for establishing indigenous CAR-T programs.

A high-spirited Student Quiz, moderated by Dr. Uday Kulkarni and others, engaged the academic community, culminating in an award ceremony led by the RUAS Provost, Dr. G. S. Venkatesh. As a global NGO in official relations with the WHO, the WBMT's partnership with Ramaiah underscores our institution's growing influence in specialized medical research and its commitment to providing state-of-the-art, equitable access to life-saving treatments.





A Book Exhibition was successfully organized at Dwaraka Hall, Gnana Gangothri Campus, Bengaluru, on 18th and 19th December 2025. The exhibition was organized with the objective of enabling Heads of Departments (HODs), faculty members, and students to review and recommend recently published academic books for acquisition by the Central Library.

Renowned publishers and book suppliers participated in the exhibition, showcasing a wide range of the latest titles across multiple disciplines. The exhibition was open from 10:00 AM to 6:00 PM on both days, providing ample time for visitors to explore the collection.

The event witnessed active participation from HODs and faculty members, who visited along with their postgraduate and undergraduate students. Faculty members reviewed the displayed books relevant to their respective subjects and recommended suitable titles to strengthen the Central Library's collection. Students also benefitted from exposure to updated academic resources and reference materials.

Overall, the Book Exhibition was well-organized and achieved its intended purpose of facilitating informed selection of recent publications. The event contributed significantly to academic enrichment and supported the ongoing efforts to enhance the quality and relevance of resources available in the Central Library.



WELCOME



Dr. Swathi J
Senior Resident, Anaesthesiology



Dr. Kishore B.J
Senior Resident, Anaesthesiology



Dr. Anmol Jain
Senior Resident, Anaesthesiology



Dr. Aditya Hirguppe Somashekhar
Senior Resident, Anaesthesiology



Dr. Anusree Raj
Senior Resident, Anaesthesiology



Dr. Anushree C.S
Senior Resident, Radio Diagnosis

BIDDING ADIEU



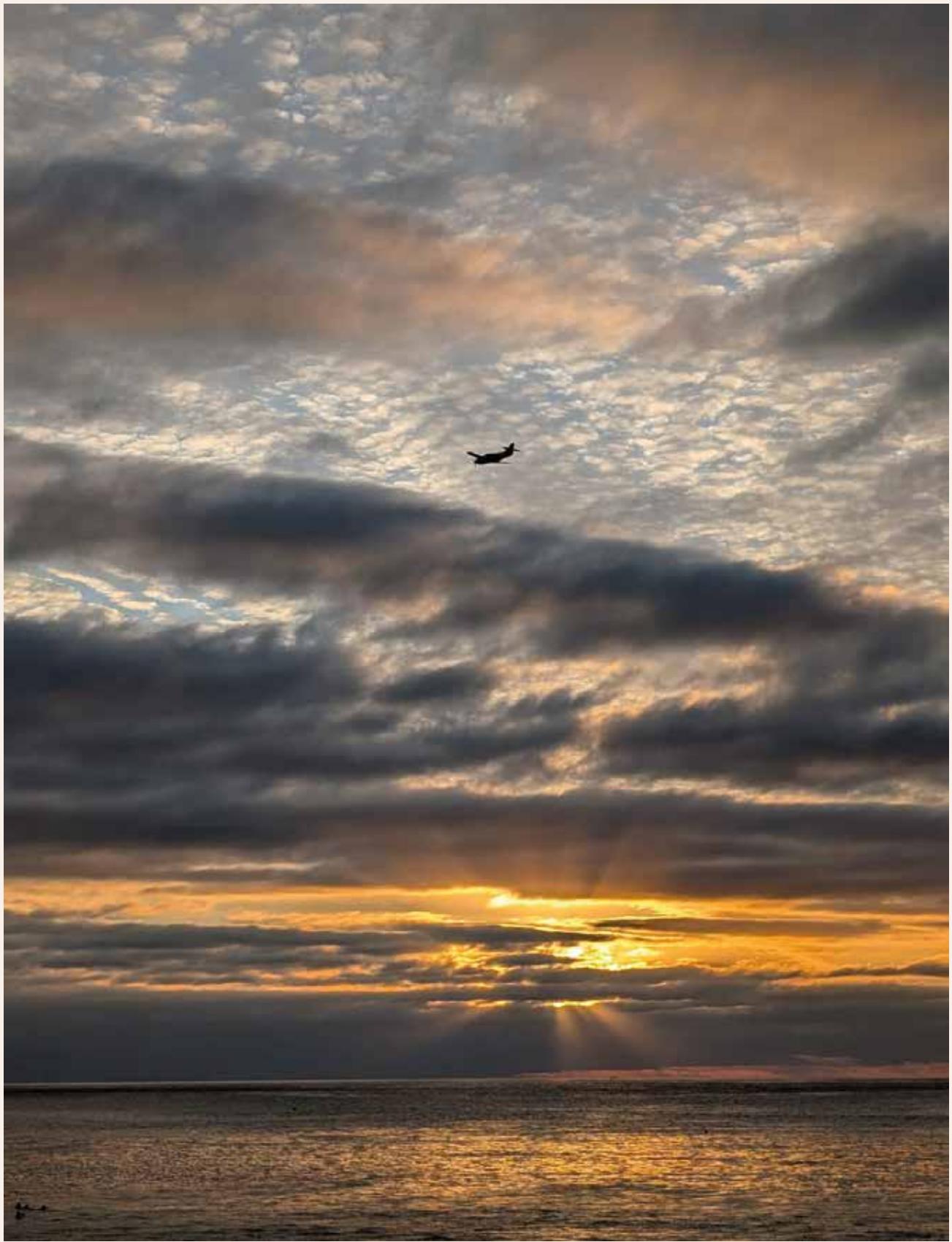
Dr. Prakash V.S.
Professor & HOD, Cardiology



Dr. Sunil Valentine Furtado
Professor & HOD, Neurosurgery



Dr. Hema A.V.
Assistant Professor, Pathology



Chasing Horizons

Snap by- **Preethi B L**