

ಜ್ಞಾನವಾಹಿನಿ Jnana Vahini

Monthly Newsletter - Gokula Education Foundation (Medical)



Volume - 16 Issue - 2 February - 2025

ANVESHAN 2025 - South Zone Student Research Convention At RUAS

amaiah University of Applied Sciences organised the South Zone Student Research Convention ANVESHAN 2025 in collaboration with the Association of Indian Universities(AIU) on 20th February, 2025.

ANVESHAN 2024 brought together participants from five southern states of India, fostering a vibrant exchange of knowledge and innovation. Over 350 students presented 130 projects from across Karnataka.

The chief guest for the programme was Priyank Kharge, IT-BT Minister, Government of Karnataka and Sharan Prakash Patil, Minister of Medical Education.

Minister Priyank Kharge in his speech emphasized the need for students to contribute to India's growth. Minister Sharan Prakash Patil highlighted the importance of artificial intelligence and encouraged students to enhance their technological skills to tackle global challenges.

M R Srinivasa Murthy, Chief Executive, GEF(M), during the programme said, 'RUAS has constantly demonstrated it commitment to providing world-class education. These events are testament to our dedication to nurturing innovation and inspiring young minds.

Prof. K K Raina, Vice Chancellor, RUAS, Prof. O P Kharbanda, Pro- Vice Chancellor, RUAS, Dr. Govind R Kadambi, Pro-Vice Chancellor, RUAS, and other dignitaries were present at the programme.

Another proud moment is one team (Social Sciences Category) from RUAS has been selected as a finalist from the South Zone to represent at the international level (First Place). This remarkable achievement is a testament to the exceptional talent and innovation nurtured at MSRUAS.





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Nurturing Excellence: RUAS' Commitment to Research, Innovation, and Community Engagement

The February 2025 edition of RUAS' academic and institutional highlights reflects an unwavering commitment to research, education, and social responsibility. The university's role as a hub for student-driven innovation was exemplified by the successful hosting of ANVESHAN 2025 – South Zone Student Research Convention. With over 350 students presenting groundbreaking research, the event underscored RUAS' dedication to fostering intellectual curiosity and advancing India's knowledge ecosystem. The selection of a Social Sciences team from RUAS for international representation is a testament to the institution's research culture.

In parallel, the Department of Emergency Medicine reinforced the critical need for robust emergency healthcare frameworks through AEMECON 2025. This interdisciplinary conference, attended by national and international faculty, highlighted the urgency of integrating emergency medicine education across healthcare settings, ensuring preparedness from rural villages to metropolitan hospitals. The RICPHI as a part of the prestigious Meghalaya Health Systems Strengthening Project (MHSSP) supported by the world Bank, hosted medical offices and nurses from the north-eastern state of Meghalaya at the Ramaiah institutions for imparting skill courses in the areas of emergency care, paediatric & neonatal resuscitation, obstetrics and surgical skills.

Beyond academia, RUAS continues to shape public health discourse. The Department of Community Medicine's impactful outreach programs, spanning urban and rural healthcare, reflect the university's steadfast resolve in addressing societal health challenges. Their pioneering efforts in biomedical waste management, interdisciplinary community-based training, and pandemic response serve as national and international benchmarks.

Moreover, faculty members continue to bring laurels to the institution. Dr. Sunil Furtado's appointment as Associate Editor of Neurology India, multiple research paper awards secured at ASICON 2024, and the invitation of RUAS faculty to national and international forums reinforce the university's reputation as a center for academic and professional excellence.

The researchers from IISc and Ramaiah institutions came together to celebrate the ongoing collaborative projects and explore strengthening the research relations further across various domains of mutual interest

As RUAS strides forward, its commitment to innovation, research, and community service remains its defining pillar. Whether through national conventions, global collaborations, or grassroots healthcare initiatives, the university is shaping a future where knowledge translates into tangible societal impact..





The Department of Emergency Medicine, in collaboration with the Association of Emergency Medicine Educators, successfully organized AEMECON 2025, a premier conference dedicated to advancing emergency medicine education. The event was graced by Prof. Dr. Sadagopan, Founding Director of IIIT Bangalore and Member of the Public Affairs Centre, who served as the Chief Guest.

In his keynote address, he emphasized the critical role of emergency medicine—not only within hospitals but across society. He remarked, "Emergency medicine is a vital specialty, often underestimated in rankings, yet its significance is undeniable. The first few hours in the emergency department can be the difference between life and death. We must extend emergency education beyond hospitals and primary health centres, leveraging technology to equip individuals—from remote villages to urban streets—with the skills to respond effectively in critical situations."

The conference witnessed the esteemed presence of M.R. Sreenivasa Murthy, Chief Executive, GEF(M); Dr. S.C. Nagendra Swamy, President, Ramaiah Memorial Hospital; Prof. Dr. Shalini C. Nooyi, Principal and Dean, Ramaiah Medical College Hospital; Dr. Ramesh D., Associate Dean, Ramaiah Medical College Hospital; Dr. Madan Gaekwad, COO, Ramaiah Memorial Hospital, along with other distinguished leaders from RMC and RUAS.

AEMECON 2025 marked a groundbreaking collaboration between medical, nursing, and allied health sciences educators, creating a unique interdisciplinary platform. The conference was a resounding success, drawing over 75 national faculty and 15 international faculty from six countries. Attendees engaged in 25+ hours of scientific sessions, 12 hands-on workshops, and reviewed 60 scientific papers and 60 poster presentations. This landmark event fostered innovation, knowledge-sharing, and the advancement of emergency medicine education on a global scale.



Dr. Janaki M G, Prof. Radiation Oncology gave a talk on cancer screening and awareness programme on 11th February, 2025 organized by BEML Women Welfare Foundation.



Dr. Jyothi G S, Prof. & HoD, Dept. of OBG, was an invited faculty for the All India Congress of Obstetrics and Gynaecology at Jio World Centre, Mumbai. She was an

Expert Panelist for the TOT session on "Cervical Cancer Prevention" and Faculty for the Gyne Oncology Committee Workshop. She also chaired a session organised by the Food Drugs Medico-Surgical Committee of FOGSI as Karnataka state co-ordinator and coauthored and guided 2 PG paper presentations. She also gave a talk on Cervical Cancer awareness for Hospital administration department of RUAS. Dr. Jyothi also gave a talk on the importance of primary prevention by HPV vaccination for cervical cancer elimination at Rotary Club of Bengaluru.



The Department of Paediatric in association with IAP- Bengaluru organised an awareness programme to tackle Anemina- "Bye Bye Anaemia" on 13th February, 2025. Dr. Shalini C Nooyi, Principal & Dean, Ramaiah Medical College & Hospital, Dr. Ramesh D, Associate Dean, Ramaiah Medical College Hospital, Dr. Madan S Gaekwad, Chief Operating Officer, Ramaiah Memorial Hospital, and faculty members of the Paediatric department were present at the programme.



The Centre for National Security Studies organized a Round Table Discussion on "Draft DPDP 2025 Rules" on 10th February, 2025. Experts, including policymakers, academicians, lawyers, and industry leaders, analysed its impact on enterprises and sectors. Shri C. Vamsi Krishna, IPS, delivered the keynote, providing an in-depth analysis. Director, CNSS, Maj Gen J V Prasad, Panellists, including Vijayshankar Nagarajarao, Sanjay Sahay, Adv. Abhishek Singh, and Dr. Aradhana Talwar, Dr. Rinki Sharma and others were present.



Congratulations Doctor

Dr. Sunil Furtado, Prof. & HOD, Dept of Neurosurgery has been appointed as Associate Editor of NEUROLOGY INDIA, the official indexed publication of the Neurological Society of India.

Dr. Sunil also delivered a guest lecture on comprehensive management of carotid atherosclerotic disease at the Trivandrum Neurosciences forum on 25th Februray, 2025.



eminent talk by his Excellency Ambassador Milinda Moragoda, Former High Commissioner of Sri Lanka to India, on 14th February, 2025. The exclusive address, titled 'Navigating the Terrain of Policy Making in the Age of Disruption,' drew a distinguished audience of scholars, students, policymakers, and professionals.

The Centre for National Security Studies hosted an

RUAS inter faculty staff cricket tournament 2025 was organised for the staff members on 15th February, 2025. RMCH won the championship at the tournament.



Dr. Praveen Kumar S professor of dermatology was a faculty at Dermacon 2025. He was a panellist on a panel discussion on itches in clinic: difficult scenarios. He also presented a poster on IADVL consensus guidelines on management of pruritus in various age groups. He is the Convener of IADVL SIG pruritus group.





Dr. Ameya, consultant, Sports Medicine was appointed as the International Medical Classifier for the Para fencing world cup in Sao Paulo, Brazil. He is the first Indian to be on the medical panel of Worldability Sport and International Wheelchair and Amputee Federation.



Ramaiah Advanced Learning Center, as part of the Ramaiah International Centre for Public Health, organized exposure visits for medical officers from the Government of Meghalaya in collaboration with Innovations Meghalaya Health System Strengthening Project (MHSSP).



Dr. Seham Syeda and Dr. Pramod Kalgudi Assistant Professors in the department of Anesthesiology were invited as faculty to Acute Neuro Care (ANC) workshop conducted at Chinmaya Mission Hospital, Bengaluru.

B V Aditya, and Dr. Suyash Gupta, Gaurav Nirmal Kumar and Vishal R Shetty from MSRIT won 2nd place in HULT Prize conducted by RUAS. The winning project was under the guidance of Dr. Chitra S, Prof. of Endocrinology and Dr. Thippeswamy, faculty Institute of of Ramaiah technology.







Dr. Suparna MY, Department of Dermatology and Curriculum committee member has received third prize for poster presentation in ACME at St. John's Hospital. Bengaluru.



Dr. Abhishek Reddy general surgery resident under the mentoring of Dr. Nitin Rao has secured the first prize at the nation ASI conference for their paper presentation. Nikita Agarwal General Surgery resident won 2nd prize at ASICON 2024 Agra.



Ramaiah Medical College BOOK CLUB organised a programme reading of book "When Breath Becomes Air" by Paul Kalanithi.



Shaping Healthcare Through Prevention, Promotion and Holistic Care: Community Medicine Department

Community Medicine is a fundamental branch of medicine that forms the foundation of medical education and the healthcare system. It prioritizes preventive, promotive, and social aspects of health, rather than focusing solely on curative care. While this may not always be the most cost-efficient approach, in an ideal world, it would be the most impactful—aligning with the core principle of "Health for All" as envisioned in the Alma-Ata Declaration of 1978. With these principles at its core, Community Medicine instills in students the understanding that health is a basic human right.

The Department Community Medicine at Ramaiah Medical College has been at the forefront of providing essential services that shape the holistic development of medical students. It plays a crucial role in fulfilling the National Medical Commission (NMC) requirements by fostering empathy towards patients, irrespective of or gender, social. economic backgrounds. Furthermore, it prepares students with the essential skills to effectively communicate and assess individuals while upholding ethical integrity in both humanitarian and medicolegal settings.

The department's longstanding initiatives and activities reflect its commitment to these principles.

The

Community Medicine Department was established in 1980 alongside Ramaiah Medical College, under the



leadership of Late Sri M. S. Ramaiah. With a vision to address healthcare challenges in both urban and rural communities, the department laid its foundation by implementing training programs and outreach initiatives in underserved areas such as the slums of Mathikere and rural villages of Kaiwara.

Over the years, the department has expanded its scope, incorporating innovative teaching methods, interdisciplinary collaborations, and research-driven approaches. It has been instrumental in shaping medical students into socially responsible healthcare professionals who are adept at managing community health issues over the years.

Academic and Curriculum Implementation

The department offers a structured academic curriculum aligned with the Competency-Based Medical Education (CBME) model. The programs include:

 MBBS Training: Community Medicine is integrated across the undergraduate curriculum, ensuring students develop essential public health skills.

 MD in Community Medicine: A postgraduate program that started in 1993 with one seat and expanded to three seats by 1998. It focuses on advanced research, policy-making, and community healthcare delivery.



- Other Courses: Faculty contribute to programs such as the Bachelor of Physiotherapy, Master of Public Health (MPH), and IGNOU-certified courses on Healthcare Waste Management.
- Student Exchange Programs: The department has partnered with international universities, such as the University of Groningen, Ghent University, and the University of Illinois, offering their students global exposure to the Indian healthcare system.





Research and Innovation

Research is a cornerstone of the department's contributions. Faculty and students engage in epidemiological studies, implementation research, and operational research. Key research areas include:

- Public Health Policies and Mitigating Disease Burden
- · Biomedical Waste Management
- · COVID-19 Response

Since 2015, the department has successfully completed 35 funded projects, including 19 faculty-led initiatives, 8 undergraduate projects, and 7 postgraduate projects, encompassing 13 dissertations. These efforts have resulted in numerous publications in reputed journals and have significantly influenced both national and international health policies.

Community Outreach and Public Health Initiatives

A distinguishing feature of the department is its extensive community engagement. Initiatives include:

- Health Camps and Rural Outreach
- · School Health Programs
- Participation in National Health Campaigns

Interdisciplinary Community-Based Training Program (IDCBTP) – A distinctive hands-on experience in Community Medicine

The Interdisciplinary Community-Based Training Program (IDCBTP) is a flagship initiative designed to connect theoretical learning with real-world community healthcare challenges. Launched in 2004, the program has expanded to include students from medicine, dentistry, nursing, physiotherapy, and pharmacy, promoting teamwork and interdisciplinary collaboration. Designed as a residential program, IDCBTP offers hands-on experience in rural and underserved communities:

- Community Immersion & Social Mapping
- Health Assessments & Interventions
- · Community Engagement

Biomedical Waste Management: A Pioneer Initiative

The department has been a frontrunner in **Biomedical Waste Management (BWM)** since 1995, even before national regulations were introduced. Key contributions include:

- Training programs in 11 South-East Asian and African countries.
- Collaboration with WHO, UNIDO, and CPCB to develop policies and e-learning modules.
- Capacity-building workshops: Training over 3,000 healthcare personnel on biomedical waste management and COVID-19 waste disposal.

Role in Pandemic Management

During the COVID-19 pandemic, the department played a critical role in:

- Surveillance and Contact Tracing: Coordinating efforts with BBMP for data monitoring and analysis.
- COVID-19 Care Centers and Triage Facilities: Establishing quarantine centers and training healthcare personnel.
- Vaccination Drives: Administering vaccines to healthcare workers and the general public.
- Technical Support to Government Agencies:
 Assisting in policy formulation, guidelines development, and public awareness campaigns.

Recent Initiatives

WHO SAP Project 2024

The WHO State Action Plan was a recent initiative by the Community Medicine department, in partnership with the Maharashtra Government, focused on identifying gaps and strengthening existing health systems for improved biomedical waste management. As part of this effort, our faculty provided in-person training and district level workshops to key stakeholders across Maharashtra, including health officers at various levels and ASHA workers.





UNIDO Project

The United Nations Industrial Development Organization (UNIDO) Project has been a key initiative in improving biomedical waste management systems. The project, funded by UNIDO and the Global Environment Facility (GEF), aimed to enhance safe disposal practices of hazardous medical waste across five Indian states. The department played a crucial role in:

- Developing standardized training materials for healthcare workers.
- Conducting workshops for health professionals on sustainable waste management.
- Implementing best practices in healthcare facilities to reduce environmental hazards.
- Providing technical support for the establishment of Common Biomedical Waste Treatment Facilities (CBWTFs).

Through this project, the department has contributed to policy revisions and system developments in over 140 healthcare facilities and trained over 3,800 healthcare personnel at the national level.

Student Training and Career Progression

Medical students trained in the department develop essential skills in:

- Communication and Leadership: Enhancing patient interaction, teamwork, and health advocacy.
- Public Health Research: Engaging in projects that influence health policies.
- Interdisciplinary Collaborations: Working with experts in different fields to improve healthcare outcomes.

Our alumni have secured positions in prestigious institutions such as ICMR, NIMHANS, NTI, and WHO, demonstrating the department's impact on shaping future public health leaders.



The Community Medicine Department at Ramaiah Medical College has made significant contributions public health education. research. community service. Its pioneering initiatives in biomedical waste management, interdisciplinary community-based training program, pandemic response, and rural healthcare exemplify its commitment to improving health outcomes. By integrating medical education with public health principles, the department continues to train socially responsible doctors who can lead healthcare reforms. Moving forward, a focus on education, research. health and collaborations will further strengthen its role in shaping public health policies and medical education in India.



"Reading the Room" A Subtle Nuance in Clinical Practice

In clinical practice, effective communication extends beyond spoken words. This skill is crucial for building trust, improving treatment outcomes, and fostering a conducive environment for patient interaction.

"Reading the room" refers to the ability to assess and respond to the emotional, psychological, and social dynamics of a patient.

Understanding Nonverbal Cues

One of the key aspects of reading the room is interpreting nonverbal cues such as body language, facial expressions, and tone of voice. Patients may not always articulate their concerns directly, but their discomfort, anxiety, or pain may be evident through their posture, eye contact, or hesitations. A clinician who notices a patient's crossed arms, avoidance of eye contact, or fidgeting can recognize potential distress and customize their approach accordingly.

Assessing Emotional and Psychological States

Beyond body language, reading the room involves understanding a patient's emotional state. Some patients may suppress their symptoms due to fear or cultural factors, while others may exaggerate them due to anxiety or attention seeking. Clinicians must remain sensitive to these variations and adopt an alter ego which can bridge the gap where patients feel safe to express their true concerns. This requires active listening, empathy, and an awareness of contextual factors, such as a patient's past medical history, family dynamics, or recent life events.

Adapting Communication Styles

Each scenario needs a unique approach. A clinician speaking with a grieving family member should adopt a mellowed down approach than when detailing a treatment plan to an analytical patient who prefers data-driven decisions. Reading the room allows a healthcare provider to modify their language, tone, and level of detail to suit the needs of the patient and their support system. This adaptability fosters better understanding and compliance with medical advice. Navigating Power Dynamics

The clinical setting naturally involves power imbalances between healthcare providers and patients. Some

patients may feel intimidated, hesitant to question, or reluctant to challenge medical advice. Reading the room helps clinicians recognize when a patient is uncomfortable or disengaged and encourages a more collaborative approach. Simple actions, such as sitting at eye level with the patient, using open-ended questions, and validating their concerns, can significantly improve the clinician-patient relationship. Enhancing Team Interactions

Reading the room is equally important when interacting with colleagues. In fast-paced healthcare environments, understanding the moods, stress levels, and unspoken concerns of team members fosters better collaboration and reduces workplace stress. A nurse sensing a physician's urgency or a doctor recognizing a colleague's fatigue can adjust their interactions to promote efficiency and support.

Dr. Prasanna Kumar T

Professor,
Dept. of Respiratory Medicine





Dr. Clement Wilfred, Prof. Dept. of Pathology was a Guest Speaker and contributed to the success of "National oral Pathologist day" conducted on 28th February, 2025 by the Dept. of Oral and Maxillofacial Pathology and Oral Microbiology, RUAS.



United by Unique: Advancing Paediatric Cancer Care in India

Every child's battle with cancer is unique, shaped by their biology, social circumstances, and access to care. World Cancer Day 2025 embraces the theme "United by Unique", emphasizing the need for inclusive, personalized, and collaborative approaches to cancer care. This theme resonates strongly in paediatric oncology, where early detection, specialized treatment, and survivorship support can transform outcomes for young patients.

The Paediatric Cancer Burden in India

India accounts for nearly 50,000 new childhood cancer cases annually, yet survival rates remain significantly lower than in high-income countries. In developed nations, more than 80% of children survive cancer, while in India, survival rates are 50-60% or lower due to delayed diagnosis, inadequate access to specialized centers, and financial constraints.

Unlike adult cancers, paediatric cancers often have higher cure rates with appropriate treatment, as they tend to be more responsive to chemotherapy. The most common childhood cancers in India include leukemias (such as ALL), brain tumors, lymphomas, and neuroblastomas. However, the lack of awareness among parents and primary healthcare providers results in late-stage diagnoses, reducing the chances of survival.

Ayushman Bharat and the ABAK scheme have improved access to cancer treatment for underprivileged children by covering essential therapies. Institutions like Ramaiah Medical College in Bangalore are playing a critical role by offering comprehensive oncology care free of cost under government schemes, ensuring that more children receive timely interventions.

Challenges in Pediatric Cancer Care

Despite progress, several challenges persist in childhood cancer care in India:

Delayed Diagnosis: Many childhood cancer symptoms mimic common infections, leading to

misdiagnosis or late referrals. Strengthening primary healthcare systems and training local doctors is crucial.

Limited Pediatric Oncology Centers: Specialized care is concentrated in urban areas, leaving children in rural regions with poor access to treatment. Expanding satellite cancer care units can bridge this gap.

High Cost of Treatment: While government schemes provide financial relief, supportive care, targeted therapies, and long-term follow-up remain costly, placing a burden on families.

Survivorship and Long-Term Care: Pediatric cancer survivors require lifelong monitoring to manage potential late effects, including organ dysfunction, secondary cancers, and psychological challenges.

Uniting Efforts for a Stronger Response

The United by Unique campaign calls for collective action among hospitals, policymakers, NGOs, and communities to strengthen pediatric cancer care in India.

Early Detection Initiatives: Increasing public and professional awareness about childhood cancer warning signs can facilitate earlier diagnosis and better outcomes.

Expanding Pediatric Cancer Units: Setting up more specialized centers in smaller cities and integrating pediatric oncology training into medical education will improve accessibility.

Holistic Support Programs: Providing psychosocial support, dietary counseling, rehabilitation, and financial aid ensures children and families receive comprehensive care.

Research and Innovation: Encouraging clinical research on Indian pediatric cancer trends, treatment responses, and survivorship outcomes will help tailor solutions for the country's unique challenges.



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Dr. Rasmi Palassery Consultant Medical Oncology

Medical College Alumni The Ramaiah Trust successfully organized its first quest lecture on 25th February, 2025, at the Council Hall, Ramaiah Medical College. The event featured a thought-provoking session titled "From Patient Care to Data Analysis" by Dr. Bhagya Muralidharan, an esteemed expert in the field. The lecture focused on the evolving role of data analysis in modern healthcare, highlighting how medical professionals can leverage data-driven insights to enhance patient care, improve diagnostics, and streamline healthcare management. Dr. Bhagya Muralidharan provided valuable perspectives on integrating technology with traditional patient care to create a more efficient and effective healthcare system.

WELCOME



Dr. Apoorva Chauhan Dr. Manjari Rajgopalan Senior Resident, Paediatrics



Dr. Mouna B.M Assistant Professor Medical Oncology



Senior Resident Respiratory Medicine



Dr. Varuna S Assistant Professor Surgical Oncology

SEPARATED



Dr. Sushmitha M Senior Resident, Paediatrics



Dr. Divya Nagabushana Dr. Keerthi Yadav S.M Assistant Professor Neurology



Dr. Anushree K.S Tutor, Anatomy



Senior Resident Anaesthesiology

OBITUARY



H. Jagadish Attender, Microbiology



A Record Breaking Achievement

"Ask not what your teammates can do for you. Ask what you can do for your teammates." This powerful quote embodies the essence of teamwork and selflessness, encouraging individuals to support and uplift their team. One such inspiring story is that of Mr. Suresh, a 56-year-old Sports Assistant at Ramaiah Medical College, who has been setting world records in sports through sheer dedication and perseverance.

Suresh's journey in sports began at the age of 10 when he started as a ball boy. His passion and commitment led him to join Ramaiah Medical College's sports department in 2004. Over the years, he has achieved remarkable feats, proving that determination knows no bounds.

His first major accomplishment came in 1999 when he secured an inaugural world record for the Longest Uninterrupted Lawn Tennis Rally—an incredible 3,129 rallies completed in 1 hour, 36 minutes, and 50 seconds at the I.I.Sc. Gymkhana. This was just the beginning of his record-breaking journey.

Suresh, along with Dr. Ramesh Babu, Founder Director of 'Top of the World,' has clinched a total of 11 inaugural world records across various sports, including shuttlecock, lawn tennis, throwball, table tennis, and frisbee. His endurance and skill have been showcased through outstanding milestones, such as completing 10,000 rallies.





Some of his remarkable achievements include: in 2006- Completed 2,350 frisbee rallies in 53 minutes and 7 seconds. 2007: Set a record for the longest absolute non-stop frisbee rally, achieving 3,113 rallies in 1 hour and 38 minutes. 2013: Entered the India Book of Records for completing 52 non-stop throwball rallies with his teammate.

Recent feat achievements is world record for a one-hour non-stop Tennikoit rally,

completing 1,931 rallies at a speed of 17.66 kmph.

Suresh expresses immense joy and gratitude for these achievements, crediting his supportive family and dedicated partner for their encouragement. His unwavering spirit continues to inspire many, and Ramaiah Medical College takes great pride in having such an extraordinary talent among its staff.

Suresh's story is a testament to the fact that passion, perseverance, and teamwork can lead to incredible accomplishments. His journey from a ball boy to a record-breaking sportsman serves as an inspiration for all aspiring athletes.

The winning spirit of Suresh truly defines the essence of sportsmanship!

