

To All Parents of students of 2nd year (Phase II) Medical Students

Dear Parents,

**Subject: - Inter-disciplinary Community Based Training Programme (IDCBTP 2026) from
03/01/2026 to 10/01/2026.**

Cordial Greetings from Ramaiah Group of Institutions!

RMC has been organizing the community orientation program for the medical and dental undergraduate students for the last 20 years. The institution, in its wisdom, has expanded the program to include students from other health professions such as pharmacy, dental, physiotherapy and nursing. The core idea is to bring together the students from various disciplines and expose them to the nuances of the community-based learning. This would enable them to work as a team in addressing the health care needs. It is a unique attempt and is pioneered with the theme of “UNITY FOR HEALTH”. This unique programme involves exposure of your ward to lifestyles in rural areas.

GOALS :

- 1) Ensure value education through service to marginalized groups - people living in villages/slums.
- 2) Strengthen skill and attitude of UG students to help them serve later as effective doctors and leaders in the society.
- 3) Help the institution to work towards increased social accountability-in its service, training and research endeavors in undergraduate curriculum.
- 4) Help the students develop appropriate communication skills.
- 5) Instill & inculcate self-learning – problem-based learning.

The programme involves ***residential stay at Kaiwara*** along with visits to a rural primary health centre, Chintamani taluk hospital, Anganwadis and a school for special children. The students will conduct a survey, interact with the community members, children at school and develop-deliver health education in the community and schools. Kaiwara Primary health centre is one of the rural health center attached to this college, which is about ***70 kms from Bengaluru*** (15 kms from Chintamani) in Chikkaballapur district. The students during this time will be under the guidance of the faculty and visit the assigned villages in groups, build rapport and undertake various activities that will fulfill the objectives of this programme.

It is hoped that this exposure along with your kind support and cooperation will enable your ward as a student to become a better healthcare professional and more so an empathetic human being. The students will visit these families again during later term & during internship.

The programme is from **3rd January to 10th January 2026**. The Kaiwara stay for your ward will be for 8 days. The boarding and lodging facilities have been arranged at Kaiwara Sri Yoginarayana Yathindraru Ashrama. They will be in a safe and secure point under the guidance and supervision of our faculty members.

Kindly note that attendance is compulsory and if the student is not able to attend for whatever reasons, the management would take appropriate decision regarding the student's attendance and eligibility for examination.

A consent form for students and parents/guardians' signature will be given to the students.

Contact address:

Kaiwara:

Administrative Officer

Sri Yoginarayana Yathindraru Ashrama

Kaiwara, Chintamani Taluk, Kolar District

Ph. No: 08154-239525

Codes of conduct

Students are expected to conduct themselves in accordance with generally-accepted standards of scholarship and conduct. The purpose of the Student Code of Conduct is not to restrict freedom but to protect the rights of all students in their academic pursuits.

While at the ID-CBTP activities, students are expected to follow these rules:

1. Students are expected to interact with all the faculty and actively participate in all the programs held for IDCBTP for maximum benefit from the program.
2. Request for changes in the village allotment during IDCBTP are not entertained.
3. Work done statement for all the sessions of the day need to be submitted compulsorily by 9.30 am the next day to the group facilitators, for attendance.
4. Proxy is not allowed for individuals during marking of attendance by concerned faculty and will be a cause for strict punitive action.
5. Keep faculty/PG informed of any gross inconvenience faced/fall or injury/ illness.
6. Be punctual for all the activities.

7. Dress code: Salwar Kameez for girls and shirt and trousers for boys (wearing jeans/slippers is not allowed). Wearing of apron is compulsory.
8. Expensive valuables/ Gold/ gadgets if brought to the rural area will be at your own risk.
9. Trekking/hill climb is not entertained.
10. Use school-appropriate language and behavior at all times.
11. Avoid vulgarity/obscenity while conducting your-self in the community and during cultural programs.
12. Students are requested to keep the ashram premises clean.
13. Non- vegetarian items/alcohol/cigarette/any forms of tobacco are not allowed within the ashram premises at Kaiwara.
14. Cooking inside the hostel room is not entertained.
15. Do not risk eating from roadside/unknown/unclean water sources in and around the ashram.
16. Students suffering from any medical problem/ illness should keep the faculty / PG informed prior to the ID-CBTP.
17. Students taking regular medication should bring the required quantity of medication to last the whole duration of ID-CBTP.
18. Students are suggested to bring their own mosquito repellents to guard against mosquito bites; thermal wear/sweaters/mufflers for personal use should also be brought as necessary.
19. They are advised to keep themselves well hydrated.
20. Students should not entertain any monetary requests of people of the community.
21. Loud music is not permitted in the hostel.
22. Students are requested to switch off the light, fan and water tap before leaving their hostel rooms.
23. If structural damage in the hostel rooms is found, then all the occupants of the concerned room will be fined.
24. Do not feed dogs/monkeys or any other animals with eatables.
25. Students are not allowed to go out of the ashram premises between 10PM and 5AM.
26. Any sort of misbehavior identified by the facilitator/faculty, stringent action will be taken and informed to their parents.