



## Advancing Kidney Health Equity Ramaiah Rotary Dialysis Center at Kaiwara

**T**he silent yet vital hero within our bodies is none other than the kidney. These remarkable bean-shaped organs silently perform a countless of essential functions, ensuring our well-being. From efficiently filtering waste products to maintaining fluid balance, the kidneys stand as silent guards, safeguarding our health and vitality.

To bring awareness on the kidney health every year the World Kidney Day is observed annually on the 2nd Thursday in March. This year 2024 the theme was **"Kidney Health for All – Advancing equitable access to care and optimal medication practice"**. This theme aims to raise awareness on the inequalities in kidney disease treatment and encourage collaborative efforts to improve access to appropriate treatment for everyone affected by kidney disease.

The introduction of the **'Ramaiah Rotary Dialysis Center at Kaiwara'** on March 26, 2022, marked a significant milestone in providing accessible dialysis services to the community. Established as part of the rural outreach initiative by Ramaiah University of Applied Sciences in collaboration with the Rotary Club, this center embodies the commitment to offer affordable healthcare to the residents in and around Kaiwara village.

Previously, dialysis patients in the area faced challenges, often having to travel long distances of at least 10 kilometers to seek treatment in another taluk. With the establishment of this center, such hardships have been alleviated, ensuring timely and accessible care for all patients.

Equipped with two state-of-the-art single-use dialysis machines featuring RO water filtration and UPS backup facilities, the center operates with a focus on providing quality care at minimal costs, making it accessible to individuals from all income groups. Moreover, the

## *Congratulations Sir*



Ramaiah group of institutions heartily congratulates Dr. M R Seetharam, Vice Chairman, Gokula Education Foundation on being conferred the honorary doctorate from the University of Mysore.

presence of expert nephrologists further enhances the quality of care provided.

A notable addition to the center is the implementation of telemedicine technology, allowing doctors to remotely monitor patients via video calls. This innovation facilitates continuous monitoring of patient's conditions, enabling prompt interventions, even during emergencies, thereby enhancing overall patient care and safety.

Dr. Mahesh E, HOD of the Department of Nephrology, remarked, "As we are aware, dialysis services are readily available in urban areas but are scarce in rural regions. Residents of rural areas often face the burden of traveling long distances to access dialysis treatment. This realization prompted the establishment of a dialysis center in Kaiwara. Here, we strive to provide world-class treatment to our patients." Additionally, I encourage patients to utilize our telemedicine facility for quick medical assistance."

## Celebrating Excellence and Advancements: A Chronicle of Achievements

ಜ್ಞಾನವಾಹಿನಿ  
**Jnana Vahini**

Monthly Newsletter - Gokula Education Foundation (Medical)

Volume - 15      Issue - 3  
March - 2024

Chief Patron

**Dr. M R Jayaram**  
Chairman, GEF  
Chancellor, RUAS

Editor in Chief

**M R Sreenivasa Murthy**  
Chief Executive, GEF (M)

Editor

**Dr. B S Nandakumar**

Associate Editor

**Chandra**

Editorial Team

**Ragi Saggere**  
**Ravi V**  
**Ravi C U, Photographer**

Design and Printing

**DIGITAL ART WORKS**  
info@dawindia.com

Contact

+91 2218 2822/3205  
+91 2360 5190, Extn. 1315/3595  
+91 88674 99288  
gokula.jnanavahini@msruas.ac.in  
gokulagnanavahini@gmail.com

www.ramaiah-india.org

**T**he vibrancy of achievements continues to illuminate the corridors of Ramaiah Institutions as we revel in the accolades garnered by our esteemed faculty and dedicated students.

First and foremost, we extend our heartfelt congratulations to Dr. M R Seetharam, Hon' Vice Chairman of Gokula Education Foundation, for the prestigious honour bestowed upon him by the University of Mysore. The conferment of an honorary doctorate stands as a testament to his unwavering commitment and contributions to the field of education over several decades.

Additionally, we proudly commemorate the 40th graduation day of Ramaiah Medical College, a beacon of academic excellence. The ceremony was graced by the presence of distinguished guests, including the esteemed alumna Dato' Dr. Chan Pek Lui, whose motivational words resonated deeply with all present. Her emphasis on dedication, excellence, and compassionate patient care serves as an inspiration to us all.

In alignment with our commitment to community health, we observe World Kidney Day annually, underscoring the importance of equitable access to healthcare. The establishment of the 'Ramaiah Rotary Dialysis Center at Kaiwara' stands as a testament to our resolve to provide accessible healthcare solutions to underserved communities. The tele-medicine link established between Kaiwara and the Ramaiah Hospital serves as a life line for delivering tertiary care to the rural population.

Moreover, our departments continue to spearhead initiatives aimed at fostering academic enrichment and professional growth. From clinical society meetings to innovative field visits, workshops, and conferences, each endeavor contributes to the holistic development of our students and faculty alike.

Noteworthy mentions include the commendable achievements of our faculty members featured in this edition, such as Dr. Pramila Kalra's participation in international congresses and Dr. Jyothi GS's insightful contributions to global forums. We congratulate all the achievers for their exemplary contributions.

Furthermore, we are pleased to witness the strides made in interdisciplinary collaboration, exemplified by the engaging discussions hosted by the Centre for National Security Studies and the enlightening talk on financial wellness.

As we continue to march forward on the path of excellence, let us remain steadfast in our commitment to advancing medical education, research, and community outreach. Together, we shall scale greater heights and leave an indelible mark on the landscape of healthcare.





Photo Credits - Ravi C U, Photographer

Ms. Aruna, the Dialysis In-charge at Ramaiah Rotary Dialysis Center in Kaiwara, states, "We have a well-equipped dialysis unit here capable of accommodating 4 patients, and we perform 60-70 dialysis sessions every month. Economically disadvantaged individuals can avail themselves of this facility."

The establishment of the 'Ramaiah Rotary Dialysis Center at Kaiwara' stands as a beacon of hope, offering not just treatment but also a lifeline to those in need. With its state-of-the-art facilities and dedicated staff, this center symbolizes a commitment to bridging the gap in healthcare disparities.

Let us continue to support broad healthcare practices and support initiatives that strive to ensure that every individual, regardless of their economic status or geographic location, has access to essential medical services. Together, let us work towards the future where kidney health truly is for all.

- Ragi Saggere

Dept. of Corporate Communication

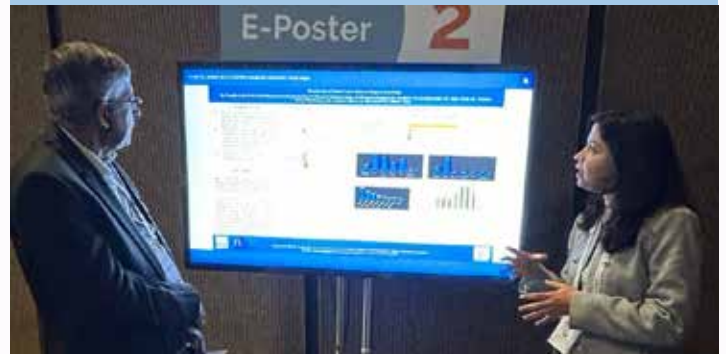


The Department of Paediatrics in association with IAS BPS conducted paediatrics emergency nursing workshop on 1st March, 2024. Dr. Somashekar A R Prof. & HoD Dept. of Paediatrics and others were part of the workshop.



The Department of ENT conducted Hands on Cadaveric Dissection Program on Endoscopic Sinus Surgery and Anterior Skull base Workshop. Dr. Chandrakiran C, Prof. & HoD dept. of ENT, Dr. Harshavardhan N Reddy, Dr. Surya Prakash D R and others were present.

Dr. Pramila Kalra, Prof. & HoD, Dept. of Endocrinology, presented an abstract as e-poster discussion at the 21st International Congress of Endocrinology, in conjunction with the 14th Emirates Diabetes & Endocrine Congress at Dubai.



Ramaiah Medical College Alumni Association (RaMCAA) organized a guest Lecture on the Topic – "Family centric care- boon or bane on 5th March, 2024 by Dr. Chan Pek Lui, Internal Medicine Specialist, Chan Medical Specialist Clinic, Pahang, Malaysia, who is alumna of Ramaiah Medical College.



The Department of Emergency Medicine conducted training programme on patient care management emergencies and hospital preparedness during public health emergencies for public health and clinical senior government professionals from Goa, Kerala, Pondicherry, and Andaman on 7th March, 2024.







Rachita Gururaj medical student won best oral presentation in the young presenters category at the SIP Physio annual conference.

The Department of Dermatology conducted their annual CME on Clinical Dermatology- Challenges & Advances 2024 at Ramaiah Medical College. Dr. Shalini C Nooyi, Principal & Dean, Ramaiah Medical College Hospital, Dr. A G Prathab, Registrar Academics, Dr. S Sachidanand, Executive Director of Siddaganga Medical College, Dr. T. K. Sumathy, Prof. & HOD, Dept. of Dermatology and other dignitaries graced the inauguration function.



The Department of Pulmonary & Critical Care Medicine, organised 1st Cadaveric Bronchoscopy Workshop on 9th March, 2024 at Ramaiah Advance Learning Centre.



The Department of Computer Science and Engineering, Faculty of Engineering and Technology, Ramaiah University of Applied Sciences, organised a two-day workshop on Advances in Artificial Intelligence, which was sponsored by Science and Engineering Research Board, Government of India. The workshop aimed to foster collaboration, exchange ideas, and promote innovation in AI technologies.



Mr. Sreejith Nambiar, Senior Relationship Manager - Wealth, TATA Capital Financial Services Limited was invited to give a talk on Insights for financial wellness on 30th March, 2024 at Ramaiah Medical College.

## World Kidney Day



The department of nephrology celebrated World Kidney Day on 14th March, 2024 at Ramaiah Memorial Hospital. Captain G R Gopinath was the chief guest for the programme. M R Sreenivasa Murthy, Chief Executive, Gokula Education Foundation (Medical), Dr. Shalini C Nooyi, Principal & Dean Ramaiah Medical College Hospital, Dr. K C Gurudev, Director, Nephro-Urology, Venugopal Sastry, Chief Finance Officer, Dr. Mahesh E, Professor & HOD, Nephrology, Dr. Gireesh M S, Associate Professor, Nephrology and others took part.

Ramaiah Medical College in collaboration with the constituent institutions under Ramaiah University of Applied Sciences conducted a Women's Health Awareness Program on 14th March, 2024 at Ramaiah Medical College. Dr. Fathima J Benazir, Chief Scientific Officer and Co-founder of Azooka Labs was the Chief Guest for the programme. Dr. Medha Y Rao, Dean Academics and others were part of the programme.



Ramaiah Memorial Hospital organised NABH Audit Meeting on 16th February, 2024. Dr. Sudhir Sharma and others were part of the meeting.



Dr. Jyothi GS, Professor of OBG, was a speaker for free communication session and presented a paper at the International Multidisciplinary HPV Congress - Eurogin 2024, on 12th to 16th March, 2024 at Waterfront Congress Complex, Stockholm, Sweden.





## Abhinandana 2024



The department of Anatomy organized ABHINANDANA 2024 - Annual Voluntary Body Donors Meet on 17th March, 2024. M R Sreenivasa Murthy, Chief Executive, Gokula Education Foundation (Medical), Dr. Shalini C Nooyi, Principal & Dean Ramaiah Medical College Hospital, Dr. A G Prathab, Registrar Academics, Ramaiah Medical College Hospital, Dr. Ramesh D, Associate Dean, Ramaiah Medical College Hospital, Prof. Savitha Ravindra, Director, Dept. of Physiotherapy, Dr. Ashwini C A Prof. & Hod, Dept. of Anatomy and others were present.



Dr. Divya Sundaresh, Associate Professor, Dept of Ophthalmology was invited as faculty to deliver a talk on "Lid Tear Repair". She was also admitted as a Fellow to the All India Collegium of Ophthalmology and received FAICO Award - Oculoplasty Surgery at AIOC 2024, Kolkata.



The Medical Education Unit, NMC Regional Centre, Ramaiah Medical College organized Basic Course in Medical Education (BCME), on 20th to 22nd March, 2024.



The Department of Orthopaedics in association with the RALC and the Indian Foot and Ankle Society successfully conducted India's first Cadaveric hands-on Foot and Ankle Minimal Invasive Surgery Course. Dr. Ajoy S M, Associate Professor, Department of Orthopaedics, was the Course Director.



## Women's Day



On the occasion of international women's day, Women Cell RUAS, NSS RUAS and Rotaract Club of RUAS in association with State NSS Cell, Department of Youth Empowerment and Sports, Government of Karnataka, organised State Level Training Workshop on "Cyber Safe Girl – Beti Bachao Cyber Crime Se" on 23rd March, 2024 at Ramaiah Medical College. Dr. Shalini Rajneesh, IAS, Additional Chief Secretary to Govt. & Development Commissioner, GoK, was the chief guest for the programme. Dr. Prathap Lingaiah, state NSS officer & Dr. Ananth Prabhu G, Prof in Computer Engineering were the guest of honour. Prof. K K Raina, Vice Chancellor, RUAS, Dr. Shalini C Nooyi, Principal & Dean, Ramaiah Medical College Hospital and others were present.

Digital Library (RFID) was inaugurated on 25th March, 2024 at Ramaiah Medical College. Dr. Shalini C Nooyi, Principal & Dean, Ramaiah Medical College Hospital, Dr. Hemanth T, Registrar, Administration, RMC and others were present.







The Centre for National Security Studies (CNSS) under Ramaiah University of Applied Sciences, hosted Australian Consul General Hilary McGeachy on 27th March 2024. Her visit included a discussion with senior management of RUAS-CNSS including Dr. M R Jayaram, Chairman, Gokula Education Foundation and Chancellor, RUAS, Sreenivasa Murthy, Chief Executive, Gokula Education Foundation (Medical), Dr. K K Raina, Vice Chancellor, RUAS, Dr. G Kadambi, Pro-Vice Chancellor, RUAS, Dr. A G Prathab, Registrar Academics, Ramaiah Medical College Hospital had an interaction with students and faculty of RUAS on 'Emerging Geopolitical Situation in Indo-Pacific: Opportunities for India-Australia Cooperation' and it was followed by a tour and discussion in Ramaiah Memorial Hospital guided by Dr. Nagendra Swamy, President, Ramaiah Memorial Hospital.

The Departments of Respiratory Medicine, Microbiology and Community Medicine conducted a quiz on the occasion of World TB day 2024 on 26th March, 2024 at RMC.



Dr. Rakshith Srinivasa, Associate Professor, Dept. of Neurosurgery was invited as a faculty for a talk on "Extended Skull Base Approaches - My Experience" at Neuroendoscopy National Conference - Nessicon 2024.



Neurosurgery resident Dr. Ksitija Suratkar got the first prize for poster presentation "Pituitaryoma a rare case report" mentored by Dr. Rakshith Srinivasa, Associate Professor, Dept. of Neurosurgery.





The department of Biochemistry and Microbiology organised a clinical society meeting on 'rare case-capsule discussion' by Pg students and faculty members on 1st March, 2024.



The Innovation Club arranged a field visit to the Ramaiah Technology and Business Incubation (RTBI) Centre, RUAS, Peenya. Twenty five students from MBBS Phase 1 and 2, primarily members of the innovation club participated in the field visit.

Ramaiah Ayurveda organized free Ayurveda specialty consultations for women throughout the month of March as part of International Women's Day. This was also a part of their continued yearly celebration of "Sthree BlissfulWomanhood" since its inception from 2021. A free BMD Camp was also conducted as a part of the celebrations.

Early detection can help prevent progression of osteopenia to osteoporosis in women. Those detected with osteoporosis can benefit from the associated symptoms by turning towards Ayurveda, which addresses the problem holistically, & help check further deterioration of the existing condition.





## WELCOME



**Dr. Sneha R**  
Senior Resident, Pathology



**Dr. Naga Mrudula M**  
Assistant Professor,  
Biochemistry



**Dr. Laxmi Ronada**  
Senior Resident,  
Pathology



**Dr. Shree Sagar B. V**  
Senior Resident,  
Orthopaedics



**Dr. Nishil Gowda**  
Assistant Professor,  
Medical Oncology



**Dr. Ruchitha K**  
Senior Resident, OBG



**Dr. Meghana R**  
Senior Resident,  
Anaesthesiology



**Rajashree M. Puttanna**  
Clinical Psychologist,  
Psychiatry



**Pavithra D**  
Clinical Psychologist,  
Psychiatry



**Dr. Chittineni Akhilesh**  
Assistant Professor  
Surgical Oncology

## SEPARATED



**Dr. Chandana B**  
Senior Resident,  
Anaesthesiology



**Shivanand**  
Tutor, Biochemistry



**Dr. Shruthi P**  
Senior Resident, OBG



**Dr. Suvidita G**  
Senior Resident, OBG



**Dr. Shailaja B**  
Senior Resident,  
Psychiatry



**Dr. Varsha Ram**  
Senior Resident, OBG



**Ramya Hariharan**  
HR Assistant, Administration



**Asha R**  
Trainee, Administration

## Ramaiah Medical College celebrates its 40th graduation day



**R**amaiah Medical College celebrated its 40th graduation day on Wednesday, 6th March, 2024. The graduation day was well attended by dignitaries and with a formal function at the decorated auditorium. At the graduation ceremony, around 378 graduates received the medical degree certificates.

The chief guest of the ceremony was Dato' Dr. Chan Pek lui, (DIMP) MBBS, MRCP (Edin) National Institute of Occupational Safety and Health (NIOSH) Certified Medical Impairment Assessor, Internal Medicine Specialist, Consultant Physician, Chan Medical Specialist Clinic, Pahang, Malaysia and also Dr. Chan Pek lui is an alumna of Ramaiah Medical College.

In her motivational speech, Dato' Dr. Chan Pek Lui expressed, "Standing here reminds me of a sense of nostalgia. I would like to say, "The medical field presents

numerous challenges, demanding our highest dedication. Strive for excellence, and trust that divine intervention will guide you through the rest. As you climb in your educational journey, remember that a broader perspective awaits you in the future. Remember medicine is an art, mastering each side of your chosen path is important. Effective communication is supreme and always bear in mind that patients are the architects of our medical journeys."

Dr. M R Jayaram, Chairman, Gokula Education Foundation and Chancellor, RUAS, M R Sampangairamaiah, Gokula Education Foundation trustee and advisor, Dr. K K Raina, Vice Chancellor, RUAS, Dr. O P Kharbanda, Pro- Vice

Chancellor, President, RMH, Dr. Venkatesh G S, Registrar, RUAS, Dr. G Kadambi, Pro-Vice Chancellor, RUAS, Dr. Shalini C Nooyi, Principal & Dean, Ramaiah Medical College Hospital and all the faculty members were present during the graduation day.

